

# **European Arthroscopy Fellowship 2018**

***SFA / AGA / SIGASCOT / AEA / SPAT / ESSKA***

**September 23<sup>rd</sup> – October 13<sup>th</sup>**



**French Arthroscopic Society (SFA)**

**Society for Arthroscopy and Joint Surgery (AGA)**

**Societa Italiana di Chirurgia del Ginocchio, Artroscopia, Sport, Cartilagine e Tecnologie Ortopediche (SIGASCOT)**

**Asociacion Espanola d'Artroscopia (AEA)**

**Portuguese Society of Arthroscopy and Sports Traumatology (SPAT)**

**European Society of Sports Traumatology Knee Surgery and Arthroscopy (ESSKA)**

## **Organization:**

**Corine Bensimon (France)**

## **Education committee for the selection of the fellows**

**Christel Conso (France)**

**Philipp Heuberger (Austria)**

**Pietro Randelli (Italy)**

**Sergi Sastre (Spain)**

**Henrique Jones (Portugal)**

**Martin Lind (Denmark)**

## **Destinations of the Fellowship:**

**Munich, Bad Abbach & Bogen (Deutschland)**

**Copenhagen (Denmark)**

**Grenoble (France)**

**Bologna (Italy)**

**Valencia & Madrid (Spain)**

**Setubal & Lisbon (Portugal)**

## The fellows:

- **SFA Fellow:**

**Dr Laurent BAVEREL**

2 rue Edmond Rostand

44000 Nantes - France

e.mail: [l.baverel@gmail.com](mailto:l.baverel@gmail.com)

Tel: +33 (0)6 74 10 60 39



- **AGA Fellow:**

**Dr med. Lorenz Christian MAJER**

RKK Klinikum – Loretto – Krankenhaus

Mercystrasse 6-14, 79100 Freiburg - Deutschland

e.mail: [christian.majer@rkk-klinikum.de](mailto:christian.majer@rkk-klinikum.de)

Tel: 0049 179 32 88 006



- **SIGASCOT fellow:**

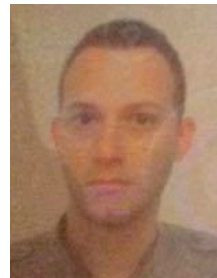
**Dr Alberto GRASSI**

Clinic of IRCSS Rizzoli Orthopaedic Institute

Via di Barbiano, 1/10, 40136 Bologna - Italy

e.mail: [alberto.grassi@ior.it](mailto:alberto.grassi@ior.it)

Tel: +393333221020



- **AEA fellow:**

**Dr Maria BROTAT**

Complejo Asistencial Universitario de Palencia – Spain

e.mail: [marybr2@yahoo.es](mailto:marybr2@yahoo.es)

Tel: 669127755



- **ESSKA fellow:**

**Dr Randeep AUJLA**

Leicestershire - UK

e.mail: [Randeep.aujla@hotmail.co.uk](mailto:Randeep.aujla@hotmail.co.uk)

Tel: +44 7944697091



### **Their oral presentations:**

#### **Laurent BAVEREL**

1. Open Latarjet Procedures render better outcomes in Competitive Athletes Compared than in Recreational Athletes
2. What is the Best Procedure for patients with irreparable Posterosuperior Rotator Cuff Tear? Outcomes Comparison between Partial Repair versus Latissimus Dorsi Tendon Transfer
3. Is the Latarjet procedure as reliable in primary surgery as after failure of arthroscopic Bankart stabilization?

#### **Lorenz Christian MAJER**

1. Patch augmentation of the rotator cuff
2. Regulation of synovial protein expression in septic arthritis
3. Cement augmented osteosynthesis in humeral head fractures

#### **Alberto GRASSI**

1. Biomechanics and clinical outcomes of ACL reconstruction and lateral plasty with over-the top technique
2. Survivorship of isolated and combined meniscal allograft transplantation without bone plugs
3. The role of knee anatomy in joint laxity and ACL graft failure

#### **Maria BRODAT**

1. Massive rotator cuff tears in middle- age people ; what to do?
2. Soft tissue repair for glenohumeral instability in young people; is it enough?
3. Is allograft a good option for big osteochondral knee injuries?

#### **Randeep SINGH AUJLA**

1. Knee Dislocations: A United Kingdom Perspective
2. Total Knee Arthroplasty for osteoarthritis in patients <55 years of age: A systematic review
3. Achilles tendon rupture: Where are we now?

## **Schedule**

**Sunday September 23<sup>rd</sup>: Arrival in Munich (Deutschland)**

**Sunday September 23<sup>rd</sup> to Tuesday September 25<sup>th</sup>: Munich - Deutschland**  
**Prof Dr. med. Philipp Niemeyer – OCM Orthopädische Chirurgie München**

**Tuesday September 25<sup>th</sup> in the afternoon: Train transfer to Regensburg - Deutschland**  
**Departure 16h44 arrival 18h06**

**Tuesday September 25<sup>th</sup> to Thursday September 27<sup>th</sup>: Bad Abbach and Bogen - Deutschland**  
**Prof. Dr Peter Angele – Universitätsklinikum und Sporthopaedicum – Regensburg**

**Thursday September 27<sup>th</sup>: Plane transfer Munich to Copenhagen – Denmark**  
**Departure 18h15 arrival 19h55 – Scandinavian Airlines SK 2658**

**Thursday September 27<sup>th</sup> to Sunday September 30<sup>th</sup>: Copenhagen**  
**ESSKA centre - Bispebjerg-Frederiksberg Hospital**

**Sunday September 30<sup>th</sup>: Plane transfer Copenhagen to Grenoble - France – FREE DAY**  
**Departure 6h50 arrival 10h50 Lyon airport – Brussels Airlines**

**Sunday September 30<sup>th</sup> to Tuesday October 2<sup>nd</sup>: Grenoble**  
**Dr J. Barth – Clinique osteoarticulaire des Cèdres - Grenoble**

**Wednesday October 3<sup>rd</sup>: Plane transfer Grenoble to Bologna – Italy – FREE DAY**  
**Departure Lyon Airport 8h25 arrival 9h35 – HOP A5 4512**

**Wednesday October 3<sup>rd</sup> to Sunday 7<sup>th</sup> - Bologna**  
**4<sup>th</sup>: Sigascot congress**  
**5<sup>th</sup>: Rizzoli Institute**  
**6<sup>th</sup>: Visit of Bologna**

**Sunday October 7<sup>th</sup>: Plane transfer Bologna to Valencia – Spain – FREE DAY**  
**Departure 10h50 arrival 12h55 – Ryanair FR 6423**

**Sunday October 7<sup>th</sup> to Monday October 8<sup>th</sup>: Valencia**  
**Dr Pablo Cañete San Pastor – Hospital de Manises – Valencia**

**Monday October 8<sup>th</sup> in the afternoon: train transfer Valencia to Madrid - Spain**  
**Departure 19h10 arrival 20h51**

**Tuesday October 8<sup>th</sup> to Wednesday October 10<sup>th</sup>: Madrid**  
**Dr José Silberbeg – IMDOR Instituto de Medicina de Deporte y Orthopedia - Madrid**

**Wednesday October 10<sup>th</sup>: plane transfer Madrid to Lisbon - Portugal – FREE DAY**  
**Departure 18h00 arrival 18h20 - Easyjet**

**Wednesday October 10<sup>th</sup> to Saturday October 13<sup>th</sup>: Setubal & Lisbon - Portugal**  
**Dr Henrique Jones**

**Friday on the evening or Saturday October 13<sup>th</sup>: BACKHOME from Lisbon**

# **EUROPEAN ARTHROSCOPY FELLOWSHIP 2018 / AGA**

**September 23<sup>rd</sup> - September 27<sup>th</sup>, 2018**

## **Organization**

Dr Philipp Heuberer – AGA Vice-President

Eva Maria Pinz – AGA secretary

Tel : +43 6991 4076432

e.mail : [aga-online@chello.at](mailto:aga-online@chello.at)

[www.aga-online.ch](http://www.aga-online.ch)



## ***Scientific and social program in DEUTSCHLAND***

**Arrival 23<sup>rd</sup> of September 2018 – Departure 27<sup>th</sup> of September 2018 (4 nights)**



**AGA**  
**Society for Arthroscopy and Joint Surgery**

**EAF**  
**EUROPEAN ARTHROSCOPY FELLOWSHIP 2018/ AGA**  
**September 23th - 27th, 2018**

**PROGRAMM**

**Sept. 23 th – 25th 2018**

**Accommodation**

**Motel One München-Sendlinger Tor**

Herzog-Wilhelm-Straße 28, D-80331 München

[www.motel-one.com](http://www.motel-one.com)

**Host: Prof. Dr. med. Philipp Niemeyer**

OCM Orthopädische Chirurgie München

[phniemeyer@gmail.com](mailto:phniemeyer@gmail.com)

[www.ocm-muenchen.de](http://www.ocm-muenchen.de)



**Sept. 25 th – 27th 2018**

**Best Western Premier Hotel Regensburg**

Ziegetsdorfer Str. 111, DE-93051 Regensburg

[www.hotel-regensburg.bestwestern.de](http://www.hotel-regensburg.bestwestern.de)

**Host: Prof. Dr. Peter Angele**

Universitätsklinikum und Sporthopaedicum

Regensburg

[peter.angele@ukr.de](mailto:peter.angele@ukr.de)

[www.sporthopaedicum.de](http://www.sporthopaedicum.de)



**Sun Sept 23, 2018 Arrival in MUNICH**

18:30 Meeting Prof. Dr. Ph. Niemeyer at hotel-lobby

Prof. Niemeyer mobile phone: 0049 173-6527417

(SFA-Fellow-arrival 19:25 airport Munich !)

(ESSKA-fellow-arrival 21:15 airport Munich !)

**Diner in Munich**

**Mo Sept 24, 2018 MUNICH**

**OP-Programm**

**OCM Orthopädische Chirurgie München**

Steinerstraße 6, DE-81369, München

**Tue Sept 25, 2018 MUNICH**

**OP-Programm**

**OCM Orthopädische Chirurgie München**

**Train transfer to REGENSBURG**

Train Departure 16:44 -18:06

(Tickets for all fellows has Dr Majer !)

19:00 Meeting Prof. Dr. P. Angele at hotel-lobby

Prof. Angele mobile phone: 0049 179 59 840 91

**Diner in Regensburg**

**Wed Sept. 26, 2018 BAD ABBACH**

**OP-Programm**

**Asklepios Fachkrankenhaus Bad Abbach**

Kaiser Karl V.-Allee 3 , DE -93077 Bad Abbach

[www.asklepios.com/bad-abbach/klinik/](http://www.asklepios.com/bad-abbach/klinik/)

**Thu Sept. 27, 2018 BOGEN**

**OP-Programm**

**Klinik Bogen**

Mussinstraße 8, DE - 94327 Bogen

<http://www.kreiskliniken-bogen-mallersdorf.de/klinik-bogen.html>

Transfer to Airport Munich

**Departure from Airport Munich 18:15 to Copenhagen**

AGA-Organization:  
Dr. Philipp Heuberger, AGA-Vice-President  
Eva Maria Pinz, AGA secretary  
Tel.: +43 -6991- 407 64 32  
e-mail: [aga-online@chello.at](mailto:aga-online@chello.at)  
[www.aga-online.ch](http://www.aga-online.ch)

# **EUROPEAN ARTHROSCOPY FELLOWSHIP 2018 / ESSKA**

**September 27<sup>th</sup> - September 30<sup>th</sup>, 2018**

## **Organization**

Prof. Michael R. Krogsgaard & Dr Martin W. Rathcke



## ***Scientific and social program in DENMARK***

**Arrival 27<sup>th</sup> of September 2018 – Departure 30<sup>th</sup> of September 2018 (3 nights)**

## **ESSKA travelling fellowship**

**Bispebjerg-Frederiksberg**

**Hospital**

## **Preliminary Program 27- 30 september 2018**

***Accredited ESSKA Teaching Center and approved by Danish Society of Arthroscopy and Sportstraumatology***

ESSKA teachers: Michael R. Krogsgaard ( [Michael.Rindom.Krogsgaard@regionh.dk](mailto:Michael.Rindom.Krogsgaard@regionh.dk))

Martin W. Rathcke ( [martin.rathcke@regionh.dk](mailto:martin.rathcke@regionh.dk))

Dept. of Orthopaedics - Section of Sportstraumatology M 51 ESSKA

fellows: Laurent Baverel MD – France

Lorenz Christian Majer – Germany Alberto Grassi – Italy

Maria Brotat – Spain

Randeep Aujla – United Kingdom

Language: English

Mobile - Dr Rathcke. (+45) 40 92 74 52

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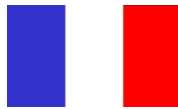
Thursday 27.09.18:	19.55	Airport pick-up CPH to Best Western Hotel Hebron – Helgolandsgade 4 – Copenhagen – Denmark Tel: 45 (33) 316 906
	21.00 - 22.00	Introduction to program in Copenhagen <i>The Danish Health Care System</i> <i>The City of Copenhagen</i>
Friday 28.09.18:	08.00 - 09.00	introduction to Section of Sportstraumatology, Bispebjerg Hospital <i>Program. The specialized functions at section of sportstraumatology</i>
operations	09.00 - 15.30	Program at the operating theater / attending 2 - 3
	12.00 - 12.30	Lunch (approx. time)
operations	12.30 - 15.30	Program at the operating theater / attending 2 - 3
	18.00 - 19.30	Private guided tour at the Tycho Brahe Planetarium <i>“Aiming for the stars”</i>
	19.30 - 22.00	Dinner and networking
Saturday 29.09.18:	08.00 - 13.00	Program at the operating theater / attending 2 operations
	13.00 - 16.00	Lunch Symposium <i>Scientific lectures / Bispebjerg Hospital</i> <i>Scientific lectures / ESSKA fellows</i>
	16.00 - 18.00	Copenhagen tour
	19.00 - 22.00	Dinner and networking
Sunday 30.09.18:	06.50	Airport drop-off CPH

The fellows are free to choose their own presentations

/ref. M.Rathcke 24.7.18



# EUROPEAN ARTHROSCOPY FELLOWSHIP 2018 - SFA



## *Scientific and social program in GRENOBLE*

Arrival 30<sup>th</sup> of September 2018 – Departure 3<sup>rd</sup> of October 2018 (3 nights)

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EAF 2018 Program for France  
Johannes BARTH and the team of  
Centre Ostéo-Articulaire des Cèdres - Grenoble France



Jean-Claude PANISSET, Yves TOURNÉ, François STEFFANN,  
Hervé VOUAILLAT, Johann ROSSI, Nicolas TARDY, Hubert LENOIR  
and Sébastien RUATTI

### **HOTEL INFORMATION**

BEST WESTERN HOTEL RESTAURANT DAUPHITEL  
16 avenue de Kimberley  
38130 Echirolles

Tel: +33476336060



CENTRE  
OSTÉO-ARTICULAIRE  
DES CÈDRES



Sunday, September 30th

10.50 am : pick up in Lyon Exupery Airport by Johannes BARTH & Hubert LENOIR  
Check in Hotel Best Western

« BBQ party in Grenoble at home » *chez les Barth*

Visit of Grenoble and hike to the Bastille,

6.00 pm « Science & Pizza & Wine » at the Centre Ostéo-Articulaire des Cèdres **(5minutes talk-5minutes discussion for each paper)**

- Ankle Symposium : Moderator François STEFFANN

- Achilles tendon rupture : Were are we know ? Rendeep SINGH AUJULA

- Reconstruction of chronic rupture of Achilles tendon. Yves TOURNE

- Knee Symposium : Moderator Jean-Claude PANISSET

- Biomechanics and clinical outcomes of ACL reconstruction and lateral plasty with over-the-top techniques. Alberto GRASSI

- Intra articular ACL plasty and extra-articular lateral tenodesis : Clinical outcomes.

Sebastien RUATTI

- Breakthrough : Moderator Johann ROSSI

- Is hip arthroscopy really useful for our patients ? Nicolas TARDY

- Shoulder Symposium : Moderator Hubert LENOIR

- Effect of the anterior acromio-clavicular extension on rotator cuff tears. Hubert

LENOIR

- Patch augmentation of the rotator cuff. Lorenz Christian MAJER

- Healing rates of Superior Capsular Reconstruction with Long Head Biceps Autograft in massive posterosuperior retracted rotator cuff tears. Manuel OLMOS

- Soft tissue repair for glenohumeral instability in young people ; is it enough ? Maria

BROTAT

- Open Latarjet Procedures render better outcomes in competitive athletes compared than recreational athletes. Laurent BAVEREL

9.00 pm Back to Hotel Best Western

Monday, October 1st

7:30 am- 1.00pm : OR with J BARTH and N TARDY

1.00-1.30 pm Lunch

1.30-7.00 pm Choice between OR (JC PANISSET, Y TOURNE, F STEFFANN) or CONSULTATION (J BARTH, H VOUAILLAT, N TARDY)

8.00pm Dinner at restaurant La tour Maline, URIAGE

Tuesday, October 2nd

All day with the team again !

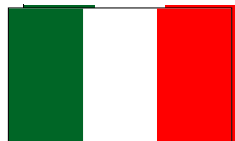
OR or CONSULTATION- Program will be available on Sunday, at everyone's convenience  
8.00pm Dinner at JC PANISSET's home

Wednesday, October 3rd

5.30 am : pick up at Best WESTERN HOTEL by JC PANISSET and N TARDY

8.25 Take off from Lyon Exupery Airport

# EUROPEAN ARTHROSCOPY FELLOWSHIP 2018 / SIGASCOT



## *Scientific and social program in Bologna*

Arrival 3<sup>th</sup> of October 2018 – Departure 7<sup>th</sup> of October 2018 (4 nights)

Wednesday	Thursday	Friday	Saturday
3	4	5	6
PARTECIPATION AT THE 7 <sup>TH</sup> SIGASCOT NATIONAL CONGRESS		SURGICAL SESSION CONGRESS	VISIT OF THE CITY

### HOST



#### **PROF. STEFANO ZAFFAGNINI**

Physician, Full Professor of Orthopaedics at the University of Bologna  
Director of the complex structure 2nd Orthopaedic- Traumatologic Clinic  
Istituto Ortopedico Rizzoli  
Via Pupilli, 1- 40136 Bologna  
Tel.: +39 051 6366075 Fax.: 051 6447911  
[www.ior.it](http://www.ior.it)

**Contact Person:**

Tel.:

Email:

Geraldina Testa

+39 051 6366075

[g.testa@biomec.ior.it](mailto:g.testa@biomec.ior.it)

Alberto Grassi

+39 3333221020

**Accommodation:**

[SAV HOTEL BOLOGNA](#)

Piazza della Costituzione 1- 40128 Bologna

Telefono: +39 051 41666

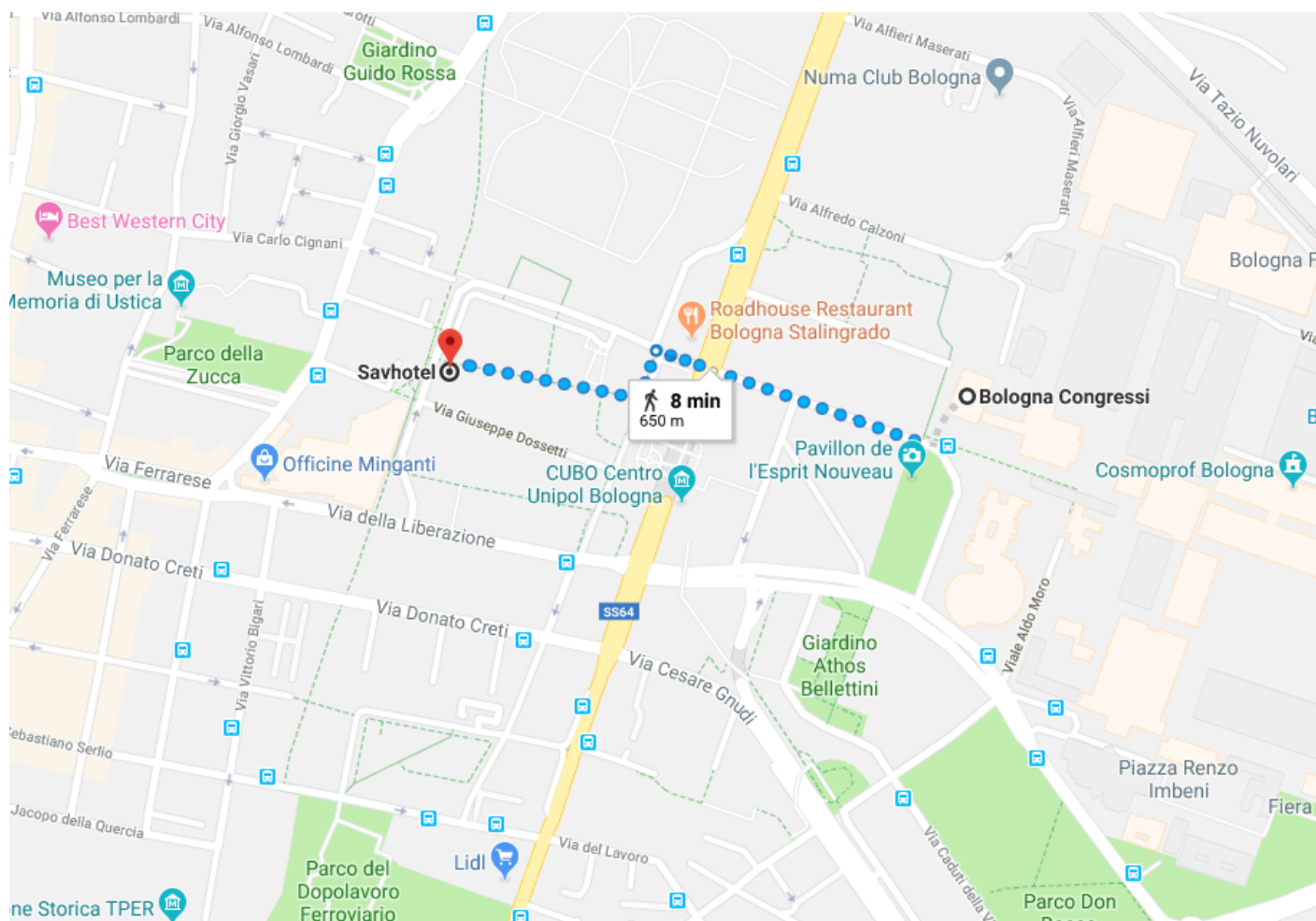
IN 03/10 – OUT 07/10



Rizzoli Institute



Congress venue Palazzo dei Congressi e della Cultura



**Wednesday October 3<sup>rd</sup>, 2018**

Morning: 09.35

Pick up at the Bologna G. Marconi Airport and Transfer to SAV JHotel and walk to SIGASCOT Congress

10.45 – 11.45 Highlight Lectures in English

- *The future of biology in orthopaedics*

Scott Rodeo (New York – USA)

- *What we learned from MOON and MARS registries* - Annunziato Amendola (Durham USA)

- *How to treat a knee infection* - Thorsten Gehrke (Hamburg – Germany)

Afternoon

7<sup>th</sup> National SIGASCOT Congress or Operating Room at Rizzoli Institute

Dinner:

20.30 At Ristorante Cesarina (Piazza S. Stefano)

**Thursday October 4<sup>th</sup>, 2018**

9.30

9.30 – 10.30 Congress 7<sup>th</sup> SIGASCOT

Highlight Lectures in English

- *How to treat the anterolateral instability* - Bertrand Sonnery-Cottet (Lyon – France)

- *Treatment of multiligamentous knee injuries* - Manuel Mosquera (Colombia)

- *Frozen shoulder* - Eiji Itoi (Sendai – Japan)

Afternoon

7<sup>th</sup> National SIGASCOT Congress

Dinner:

Congress Gala Dinner  
Restaurant I Portici (via Indipendenza)

**Friday October 5<sup>th</sup>, 2018**

7.00

Surgical Session at the Rizzoli Institute  
Guided Visit to Ancient Library and Putti  
Studio

11.00

Transfer to SIGASCOT Congress

OR

9.30 – 10.30 Congress 7<sup>th</sup> SIGASCOT

Highlight Lectures in English

- *Safe return to sport after ACL reconstruction* -

Alli Gokeler (Groningen – NL)

- *Prevention of ACL injuries* - Timothy E.

Hewett (Rochester – USA)

- *Treatment of syndesmosic injuries in athletes* -

Pieter D’Hooghe (Doha - Q)

12.00 – 13.00 (AUDITORIUM)

**7<sup>th</sup> National SIGASCOT Congress**

**AWARD WINNER – FELLOWSHIP SESSION**

*Is end Button a good option for bone block  
fixation in glenohumeral instability  
treatment?*

**M. Brotat Rodriguez**

*Open Latarjet procedures produce better  
outcomes in competitive athlete: compared  
with recreational athletes a clinical  
comparative study of 106 athletes aged under  
30 years.*

**L. Baverel**

*Biomechanical in vitro analysis of a calcium  
phosphate cement augmented intramedullary  
nail osteosynthesis in osteoporotic 3-part  
humeral head fractures.*

**L.C. Majer**

*Total knee arthroplasty for osteoarthritis in  
patients.*

**R.S. Aujla UK**

Afternoon:

Visit of the Rizzoli Institute

Dinner:

Place will be communicated

**Saturday October 6<sup>th</sup>, 2018**

Guided Visit of the city

Free afternoon

**Sunday October 7<sup>th</sup>, 2018**

8.00 – 8.30 pick up at hotel to airport

**Departure for Valencia**

10.50 arrival 12.55 – Ryanair FR 6423

## **EUROPEAN ARTHROSCOPY FELLOWSHIP 2018 / AEA**



### ***Scientific and social program in Valencia***

**Arrival 7<sup>th</sup> of October 2018 – Departure 8<sup>th</sup> of October 2018**

#### **Host information:**

Dr. Pablo Cañete San Pastor – Email: [pablotrauma@gmail.com](mailto:pablotrauma@gmail.com)

Hospital de Manises

Av. Generalitat Valenciana, 50  
46940 Manises, Valencia (Spain)

**Sunday 07<sup>th</sup> October: Arrival in Valencia, Spain** - Hotel Ayre Astoria \*\*\*\* - Plaça de Rodrigo Botet, 5, 46002 Valencia. Dinner with Dr. Pablo Cañete.

#### **Monday 08<sup>th</sup> October**

**07:45** Hospital Manises. Dr. Pablo Cañete. Clinical session with the presentations of the cases.

Surgical Session

**09:00 – 15:00** Three surgeries: rotator cuff + Biceps tenodesis, shoulder instability, ACL all inside reconstruction

**15:00** Lunch

**16:00 – 17:30** surgical session

**19:10 – 20:51** Train AVE Valencia - Madrid



# EUROPEAN ARTHROSCOPY FELLOWSHIP 2018 / AEA



## ***Scientific and social program in Madrid***

**Arrival 8<sup>th</sup> of October 2018 – Departure 10<sup>th</sup> of October 2018**

### **Host information:**

Contact : Juan Prieto +34 644225218

### **Hotel information:**

Hotel Miguel Angel \*\*\*\*\* - Calle Miguel Ángel, 29-21, 28010 Madrid

**Tuesday 09<sup>th</sup> October**



Clínica Universidad de Navarra.  
Marquesado de Santa Marta 1.  
28027. Madrid

**07:30** Clinic Lobby - *Fellows will be picked up by Juan Prieto*

**Clinical session**

**07:40** Case Presentations - Breakfast.

**Surgical Session**

**Theatre # 1**

**08:30** Operating theatre - Juan Prieto (Hip Arthroscopy)

**12:30** Operating theatre - Rocío Rodríguez (Wrist-Elbow Arthroscopy)

**Theatre # 2**

**10:30** Operating theatre - Javier Tejada (Shoulder Arthroscopy)

**14:00** Lunch

**Theatre # 1**

**15:00** Operating theatre - Javier Tejada (Knee Arthroscopy)

**Theatre # 2**

**16:30** Operating theatre - José Silberberg (Shoulder Arthroscopy)

**18:00** Workshops

**20:00** Go Back to Hotel - Pick up by Dr Javier Tejada (Clinic Lobby)

**21:00** Pick up at the Hotel Lobby

**21:30** Dinner

**23:00** Optional: Madrid Life Night

**Wednesday 10<sup>th</sup> October** - Free day.

Departure to Lisbon at 18h00.

# EUROPEAN ARTHROSCOPY FELLOWSHIP 2018 / SPAT



## *Scientific and social program in Lisbon*

Arrival 10<sup>th</sup> of October – Departure 13<sup>th</sup> of October (3 nights)

Portuguese Society of Arthroscopy and Sports  
Traumatology (SPAT)



Henrique Jones, Setúbal and Lisbon (Portugal)



### **Wednesday October 10th**

Arrival in Lisbon at 18.20 EasyJet from Madrid

Pick up and transfer (at the Arrivals)

Dr. Henrique Jones mobile phone: +351917227564 & Dr. Manuel Virgolino mobile phone +351964346778

Diner in Alcochete with Lisbon view

Accommodation in Setubal (\*\*\*\* Hotel)

### **Tuesday October 11th**

Social Program

9.00 Visit to the region of Setubal (considered one of the most beautiful bays in the world)

13.00 Lunch time

**16.00 ESSKA ARTHROSCOPY FELLOWS SYMPOSIUM at Hospital da Luz Setubal (Auditorium)**



**16.00 Opening Ceremony and Welcome**  
Cristina Fezas Vital (General Director)



### **16.10 Biologic treatments in Orthopaedics and sports trauma disorders (the role of arthroscopy)**

Henrique JONES, SPAT Chairman, ESMA /ESSKA Chairman

### **16.30 Open Latarjet Procedures render better outcomes in Competitive Athletes Compared with Recreational Athletes**



Laurent BAVEREL, SFA Fellow (Nantes, France)

### **16.50 Patch augmentation of the rotator cuff**



Lorenz Christian MAJER, AGA Fellow (Freiburg, Deutschland)

**17.10 Biomechanics and clinical outcomes of ACL reconstruction and lateral plasty with over - the top technique**



Alberto GRASSI, SIGASCOT Fellow (Bologna, Italy)

**17.30 Is allograft a good option for big osteochondral knee injuries?**



Maria BROTAT, AEA Fellow (Palencia, Spain)

**17.50 Achilles tendon rupture: Where are we now?**



Randeep SINGH AUJLA, ESSKA Fellow, (Leicestershire-UK)

**18.10 Introduction of next day surgeries**

Manuel Virgolino & Bruno Mota

**18.20 Closing Ceremony**

José Ferreira Santos /Nuno Cristino ( Clinical Direction)

**18.30** Close of the Symposium

**19.30** Special Dinner from the sea

**Friday October 12 th**

**8.00 - 13.00 Surgical Cases (Knee, Shoulder, Sports Trauma) Operating Theatre (OT)**





**14.00 Lunch**

**16.00 Departure to Lisbon \***

**Option 1 – Stay in Lisbon, for a free evening, and night, and departure on Saturday October 13<sup>th</sup> and**

**Option 2 - Departure at Friday October 12<sup>th</sup> (evening)**

**\*Important:** All Fellows should notify [spat@spat.pt](mailto:spat@spat.pt) regarding their departure, to know if SPAT can book a hotel in LISBON for the fellows staying Friday night.

**The departure transfer should be booked by the fellows since they are all travelling on different times.**

SFA-Fellow-departure 12/10 at 19:05 airport Lisbon !

ESSKA-Fellow-departure 12/10 at 21:35 airport Lisbon !

**Henrique Jones**

+351917227564

[ortojones@gmail.com](mailto:ortojones@gmail.com)

Orthopedic Surgery and Sports Medicine

UEFA Medical Committee 2nd Vice- Chairman

ESMA (ESSKA Section) Chairman

Portuguese Arthroscopy and Sports Trauma (SPAT) Chairman

Portuguese Sports Medicine Society (SPMD) General Assembly Vice - Chairman

Invited Professor of Lusofona University, Lisbon

Surgery at Hospital da Luz, Setubal

Montijo Orthopedic and Sports Medicine Clinic

Clinical Director

Rua Miguel Pais, nº 45, 2870 - 356, Montijo

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#### SPAT Contacts

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*Fellows' CV*



## Dr. Baverel Laurent

12/10/1979

2, rue Edmond Rostand 44000 Nantes

06 74 10 60 39

l.baverel@gmail.com

## Formation Universitaire – Titres - Installation

1997 : baccalauréat série Scientifique au lycée Paul Lapie (Courbevoie, 92) avec mention

2002 : diplôme de masseur-kinésithérapeute (St Maurice, 94)

2002-2008 : étude de médecine à Rouen (76)

2008 : obtention de l'internat de chirurgie à Nantes (44) à l'Examen National Classant

2008-2013 : internat d'orthopédie à Nantes, dont un semestre en inter-CHU à Angers (été 2012)

2013-2014 : fellowship chez le Dr David Dejour à Lyon (69) et chez le Dr Johannes Barth à Grenoble (38)

2014 : thèse avec les félicitations du jury. « **Faisabilité de la reconstruction du ligament croisé antérieur en ambulatoire ; à propos de 211 cas** ».

2015 : Premier prix de thèse à la Société Orthopédique de l'Ouest

2016 : reçu au concours du collège des orthopédistes de la SOFCOT

Novembre 2014-octobre 2016 : assistant spécialisé des hôpitaux universitaires de Nantes

**6 mars 2017 : installation au Centre Hospitalier Privé de St Grégoire (35) en association avec les Dr P. Collin et M. Ferrand, Centre de l'épaule**

## Diplômes Universitaires – Diplôme Inter Universitaire

- 2012 : DU de Microchirurgie à Nantes
- 2013 : DIU de Chirurgie du Pied et de la Cheville (Lauréat du meilleur mémoire)
- 2014 : DIU d'arthroscopie
- 2017-2018 : inscription DIU d'échographie du membre supérieur

## Communications-conférences

- **Faisabilité de la reconstruction du LCA en ambulatoire** : SOFCOT et SFA 2014, SOO 2015
- **Ostéotomie tibiale de déflexion associée à une deuxième reconstruction itérative du LCA** : SOFCOT et SFA 2014, communication en anglais à l'AANA (Los Angeles) 2015
- **Infiltration d'épaule et cicatrisation de la coiffe** : SFA 2014 ; SOO 2016
- **Résultats à moyen terme des butées selon Latarjet par voie mini-open** : SOFCOT 2015

- Symposium SFA 2015 : **LCA en ambulatoire**
- Conférence d'enseignement SFA 2015 : **rééducation après chirurgie du genou**
- Participation au symposium de la SOFEC 2017 : **échec après stabilisation de l'épaule**

## **Publications scientifiques**

### **2 articles acceptés non encore référencés Pubmed :**

**Open Latarjet Procedures 1 render better outcomes in Competitive Athletes Compared than in Recreational Athletes: A Clinical Comparative Study of 106 athletes aged under 30.**

**L. Baverel**, PE Colle, M. Saffarini, GA Odri, J. Barth  
AJSM 2018

**Do corticosteroid injections compromise rotator cuff tendon healing after arthroscopic repair?**

**Laurent Baverel**, MDa, Achilleas Boutsiadis, MD, PhD a, Ryan J. Reynolds, MEng b, Mo Saffarini, MEng b,\*, Renaud Barthélémy, MDc, Johannes Barth, MDa  
JSES Open Access 2018

### **12 Articles référencés :**

**Complications following harvesting of patellar tendon or hamstring tendon grafts for anterior cruciate ligament reconstruction: Systematic review of literature.**

Hardy A, Casabianca L, Andrieu K, **Baverel L**, Noailles T; Junior French Arthroscopy Society.  
Orthop Traumatol Surg Res. 2017 Dec;103(8S):S245-S248. doi: 10.1016/j.otsr.2017.09.002. Epub 2017 Sep 6. Review.  
PMID:28888527

**Is the two-dimensional computed tomography scan analysis reliable for coracoid graft positioning in Latarjet procedures?**

Barth J, Neyton L, Métais P, Panisset JC, **Baverel L**, Walch G, Lafosse L; SFA (French Society of Arthroscopy)..  
J Shoulder Elbow Surg. 2017 Mar 31. pii: S1058-2746(17)30008-3. doi: 10.1016/j.jse.2016.12.067. [Epub ahead of print]  
PMID: 28372967

**Pectoralis Major Tear with Retracted Tendon: How to Fill the Gap? Reconstruction with Hamstring Autograft and Fixation with an Interference Screw.**

**Baverel L**, Messedi K, Piétu G, Crenn V, Gouin F.  
Case Rep Orthop. 2017;2017:2095407. doi: 10.1155/2017/2095407. Epub 2017 Jan 30.  
PMID: 28251005

**Influence of lower limb rotation on hindfoot alignment using a conventional two-dimensional radiographic technique.**

**Baverel L**, Brilhault J, Odri G, Boissard M, Lintz F.  
Foot Ankle Surg. 2017 Mar;23(1):44-49. doi: 10.1016/j.fas.2016.02.003. Epub 2016 Mar 30.  
PMID: 28159042

**Arthroscopic-assisted Acromioclavicular and Coracoclavicular Ligaments Reconstruction for Chronic Acromioclavicular Dislocations: Surgical Technique.**

Boutsiadis A, **Baverel L**, Lenoir H, Delsol P, Barth J.  
Tech Hand Up Extrem Surg. 2016 Dec;20(4):172-178.  
PMID: 27776006

**French prospective multicenter comparative assessment of ambulatory surgery feasibility in anterior cruciate ligament reconstruction.**

Lefevre N, Servien E, Colombet P, Cournapeau J, Dalmay F, Lutz C, Letartre R, Potel JF, Roussignol X, **Baverel L**, Cucurulo T; French Arthroscopic Society..

Orthop Traumatol Surg Res. 2016 Dec;102(8S):S257-S263. doi: 10.1016/j.otsr.2016.08.006. Epub 2016 Sep 27.

PMID: 27687062

## **Pain after out-patient vs. in-patient ACL reconstruction: French prospective study of 1076 patients.**

Lutz C, **Baverel L**, Colombet P, Cournapeau J, Dalmay F, Lefevre N, Letartre R, Potel JF, Roussignol X, Cucurulo T, Servien E; French Arthroscopic Society..

Orthop Traumatol Surg Res. 2016 Dec;102(8S):S265-S270. doi: 10.1016/j.otsr.2016.08.009. Epub 2016 Sep 27.

PMID: 27687061

## **Anesthesia and analgesia methods for outpatient anterior cruciate ligament reconstruction.**

**Baverel L**, Cucurulo T, Lutz C, Colombet, Cournapeau J, Dalmay F, Lefevre N, Letartre R, Potel JF, Roussignol X, Surdeau L, Servien E; French Arthroscopic Society..

Orthop Traumatol Surg Res. 2016 Dec;102(8S):S251-S255. doi: 10.1016/j.otsr.2016.08.007. Epub 2016 Sep 26.

PMID: 27687059

## **Reliability of radiographic measurements for acromioclavicular joint separations.**

Gastaud O, Raynier JL, Duparc F, **Baverel L**, Andrieu K, Tarissi N, Barth J.

Orthop Traumatol Surg Res. 2015 Dec;101(8 Suppl):S291-5. doi: 10.1016/j.otsr.2015.09.010.

PMID: 26548513

## **Do outcomes of outpatient ACL reconstruction vary with graft type?**

**Baverel L**, Demey G, Odri GA, Leroy P, Saffarini M, Dejour D.

Orthop Traumatol Surg Res. 2015 Nov;101(7):803-6. doi: 10.1016/j.otsr.2015.08.012. Epub 2015 Oct 20.

PMID: 26494618

## **Prognostic factors to succeed in surgical treatment of chronic acromioclavicular dislocations.**

Barth J, Duparc F, **Baverel L**, Bahurel J, Toussaint B, Bertiaux S, Clavert P, Gastaud O, Brassart N, Beaudouin E, De Mourgues P, Berne D, Dupont M, Najihi N, Boyer P, Faivre B, Meyer A, Nourissat G, Poulain S, Bruchou F, Ménard JF; Société Française d'Arthroscopie..

Orthop Traumatol Surg Res. 2015 Dec;101(8 Suppl):S305-11. doi: 10.1016/j.otsr.2015.09.002. Epub 2015 Oct 23.

PMID: 26470802

## **Tibial slope correction combined with second revision ACL produces good knee stability and prevents graft rupture.**

Dejour D, Saffarini M, Demey G, **Baverel L**.

Knee Surg Sports Traumatol Arthrosc. 2015 Oct;23(10):2846-52. doi: 10.1007/s00167-015-3758-6. Epub 2015 Aug 23.

PMID: 26298711

## Situation familiale / Centres d'intérêts

- Centres d'intérêt professionnels : chirurgie de l'épaule, chirurgie du sport, arthroscopie ; traumatologie du membre supérieur
- Marié à Mme Baverel - Le Bihen Céline, masseur-kinésithérapeute dans le service d'orthopédie à la Clinique Saint-Augustin (Nantes) et activité libérale en cabinet à Nantes.
- 4 filles : Clara (23/02/2008), Chloé (25/02/2009), Clémence (14/04/2011) et Clélia (20/02/2014)
- Pratique le triathlon, le ski et le badminton.

# Dr. med. Lorenz Christian Majer

Dreikönigstraße 28 - D-79102 Freiburg - Fon: +49-179-3288006 - Mail: christian.majer@rkk-klinikum.de

## Personal Details

Date / place of birth	16.06.1982 in Tübingen/Germany
Family status	One daughter (Malin) with partner Dr. Emelie Ekkernkamp
Nationality	German

## Clinical Training

Since 01/2018	Deputy, Dept. Orthopedy/Traumatology, Loretto-Krankenhaus, Freiburg
03/2017	Consultant of Orthopedy and Traumatology
01/2016 – 12/2017	Chief Resident, Dept. Orthopedy/Traumatology, Loretto-Krankenhaus, Freiburg
01/2012 – 12/2015	Clinical Resident, Orthopedy/Traumatology, Loretto-Krankenhaus, Freiburg
12/2010 – 12/2011	Clinical Resident, Surgery /Traumatology, Kantonsspital Bruderholz, Basel

## Certificates

03/2014 – 10/2016	Curriculum of Manual Therapy, Deutsche Gesellschaft für Muskuloskeletale Medizin (DGMSM)
10/2017	Certificate of Arthroscopy: AGA-Arthroskopeur
02/2018	Certificate of Knee-Surgery: Surgeon of the DKG (German Knee Society)

## Medical Doctorate

12/2015	Medical Doctorate, Department of Orthopedy and Traumatology, University Medical Centre Freiburg, Prof. Dr. A. Mehlhorn „Evaluation of a new concept of therapy of the hallux-valgus-deformity considering a potential contraction of the Achilles tendon“
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## Research

03/2015 – 03/2017	Scientific cooperation of the „SAKOS“ multicenter-Study: „Prospective Comparative Study to Compare Safety and Effectiveness of Two Vertebral Compression Fracture Reduction Techniques“
11/2010	German Orthopedic Congress, Berlin: Lecture to the study of the doctorate

## Additional Engagement

Teaching Commissioner at Loretto-Krankenhaus
Scientific Head of the internal Education Program at Loretto-Krankenhaus
Head of Certification „Centre of Endoprosthetics“ at Loretto-Krankenhaus

**Formal Education**

10/2009	Medical Approbation (Equivalent GMC medical license)
10/2002 – 10/2009	Medical school at Albert-Ludwigs-Universität Freiburg, Germany
10/2009	2nd State examination (Grade 2)
09/2005 – 07/2006	Erasmus Program: Universidad Complutense de Madrid, Spain
08/2004	1st State examination (Grade 3)

**Practical Year**

02-06/2008	Tertial of Internal Medicine, Hospital Ramos Mejia, Universidad de Buenos Aires, Argentina
06-09/2008	Tertial of Orthopedy, Universitätsklinikum Freiburg, Germany
10/2008-01/2009	Tertial of Surgery, Policlinico Universitario Agostino Gemelli, Università Cattolica Del Sacro Cuore, Rome, Italy

**Stipends**

04/2007	Anna-Katharina-Egg-Award of the BioThera-Foundation for exemplary Commitment in Medicine
01/2008	Stipend of the ArGer-Foundation for argentinian-german Collaboration in Medicine and Science

**Clinical Traineeships**

09/2006	Pediatrics/Gynecology, Hospital Materno-Infantil Chipiriri, Bolivia
05-06/2006	Traumatology, Hospital 12 de Octubre Madrid, Spain
08/2005	Radiology, Zentrum für Brustdiagnostik, Tübingen, Germany

**Civilian Service**

2001 – 2002	Civilian Service, Internal Medicine, Katharinenhospital, Stuttgart, Germany
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**Graduation**

2001	Abitur (Grade: 1,8)
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**Language Skills**

German, English, Spanish, Italian

# Alberto Grassi

Born in Bologna (Bo), on 20th March 1985.

Works as Orthopaedic Surgeon at II° Orthopaedic and Traumatologic Clinic of IRCSS Rizzoli Orthopaedic Institute, under the direction of Prof. Stefano Zaffagnini, since 01-04-2018.

## Education

Since 2009 attend the Sport Traumatology Unit and the Biomechanics Lab of Rizzoli Orthopaedic Institute, directed by Prof. Maurilio Marcacci. Performs research activity on Knee biomechanics, minimally invasive surgery, ACL reconstruction and revision, use of Allografts in orthopaedic surgery, knee prosthesis, meniscal substitution with allografts and biologic devices, Computer Aided Surgery.

From 18/09/2009 to 05/03/2010 participated to the Erasmus project and studied at the Universidad de Granada (Spagna) and attended the Traumatologic hospital “Virgen de la Nieves”.

Graduated at University of Bologna School of Medicine on 20th of July 2010, with the points of 110/110 Cum Laude, presenting the thesis on Orthopaedics and Traumatology: “Arthroscopic meniscal allograft transplantation: 3 years follow-up results” with Professor Maurilio Marcacci.

Abilitation to practice medical profession during the second session of year 2010.

From 15/03/2016 to 01/06/2016 fellowship at Sports Medicine Division and Foot and Ankle Department of Duke University (Durham, North Carolina, USA) under the supervision of Dr. Annunziato “Ned” Amendola.

Graduated at Orthopaedic and Traumatology Residency School of the University of Bologna at Rizzoli Orthopaedic Institute on 5<sup>th</sup> of July 2016 with the points of 110/110 Cum Laude.

Obtained BLSD diploma (“Basic Life Support and early Defibrillation”) IRC (“Italian Resuscitation Council”), certify n° 396584.

Is Chief of the surgical equipe of the Tissue Bank of Rizzoli Orthopaedic Institute, and participated at over 50 bones, cartilage, tendons and fresh grafts harvesting from human donors.

## Languages

Italian (native language)

English (advanced)

Spanish (basic)

## Technology abilities

Familiarity with the use of Word, Excel e Power Point, biomedical search engines (Pubmed), statistical analysis softwares (Analyze-it, RevMan, MedCalc, Open Meta-Analyst, Primer) and image and video editing softwares (PACS, Photoshop, Premiere)

## Publications

92 Papers indexed on Scopus (77 on Pubmed)

Total Citations 590

H-Index 15

More than 30 Books chapters

More than 60 abstracts at National and International Congresses

Four Scientific videos of surgical techniques

### **National and International Societies Membership**

- SIOT (Società Italiana di Ortopedia e Traumatologia)
- AISOT (Associazione Italiana degli Specializzandi di Ortopedia e Traumatologia)
- SIGASCOT (Società Italiana Ginocchio, Artroscopia, Sport, Cartilagine, Tecnologie Ortopediche)
- ESSKA (European Society of Sports Traumatology, Knee Surgery and Arthroscopy)
- FORTE (Federation of Orthopaedic Trainee In Europe)

During the 2013-2014 was in the Board of the Italian Society of Orthopaedic Residents (AISOT)

During the 2014-2015 was the Secretary of the Italian Society of Orthopaedic Residents (AISOT)

During the 2014-2015 was the delegate of the Italian Society of Orthopaedic Residents (AISOT) for the SIGASCOT (Società Italiana Ginocchio, Artroscopia, Sport, Cartilagine, Tecnologie Ortopediche) society

During the 2014-2015 was member of the “Membership Committee” of the “Federation of Orthopaedic Trainees in Europe” (FORTE)

During the 2014-2016 was a member of the Sport Committee of the SIGASCOT (Società Italiana Ginocchio, Artroscopia, Sport, Cartilagine, Tecnologie Ortopediche) society.

During the 2016-2018 was a member of the Arthroscopy Committee of the SIGASCOT (Società Italiana Ginocchio, Artroscopia, Sport, Cartilagine, Tecnologie Ortopediche) society.

During the 2018-2020 was a member of the Arthroscopy Committee of the ESSKA society.

### **Editorial Activities**

Activity as reviewer of the following journals:

- Sports Medicine
- The American Journal of Sports Medicine (AJSM)
- Knee Surgery Sports Traumatology, Arthroscopy (KSSTA)
- The Knee
- BMC Musculoskeletal Disorder
- The Physician and Sportmedicine
- Journal of Orthopaedic Surgery and Research (JOR)
- International Journal of Physiatry
- Local and Regional Anesthesia
- Official EFORT Journal: European Orthopaedic and Traumatology (EOTR)
- World Journal of Orthopaedics
- Computers in Biology and Medicine
- Clinical, Cosmetic and Investigational Dermatology

Member of the Editorial Board of the following journals:

- World Journal of Orthopaedics
- Journal of Acute Diseases
- Gavin Journal of Orthopaedic Research and Therapy
- Case Studies in Surgery



## **Maria Brotat Rodríguez**

ID: 50756198M

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MOBILE PHONE: 669127755

MAIL: [marybr2@yahoo.es](mailto:marybr2@yahoo.es)

BIRTHDAY DATE: 23/11/1984

### **ACADEMIC TRAINING**

#### **DEGREE:**

- Medicine. 2002-2008 CENTER: Universidad Complutense de Madrid. Madrid. Spain

### **POSTGRADUATE TRAINING**

- **Degree of graduate.** Method: Evaluation of objective and structured competition (OSCE) Rating Notable. Academic year 2008-2009. Universidad Complutense de Madrid. Madrid. Spain.
- **Postgraduate studies in Biomedical Sciences.** Rating 8.9. 2009-2011. Universidad Complutense de Madrid. Madrid. Spain.
- **PhD/ Thesis:** “Experimental and clinical anatomical study of trigger finger in the proximal pulley” “Cum Laude” February 2016. Universidad Complutense de Madrid. Madrid. Spain.
- **“Fellowship Shoulder and Elbow”** University College London Hospital. Consultant: Mr. Carlos Cobiella. London. July- December 2016.
- **“II Master in knee pathology”** Universidad Internacional de Andalucía. 2017-2018. (performing)

## **PROFESSIONAL EXPERIENCE**

- Member of the body of Civil Protection Volunteers “Villa de Madrid” attached to the General Service Branch Municipal Emergency Assistance and Rescue, Civil Protection SAMUR- Madrid City Council as Emergency Medical Technician (20/09/2006- 06/07/2010)
- Specialist training Trauma and Orthopedic Surgery at Hospital Clínico Universitario de Valladolid. (2009-2014) Valladolid. Spain.
- Consultant Orthopedic Surgery and Traumatology “Hospital Nuestra Señora de Sonsoles” Ávila (23/05/2014- 26/06/2014)
- Consultant Specialist Orthopedic Surgery and Traumatology “Complejo Asistencial Universitario de Palencia” Palencia (july 2014 until now).
- Consultant Specialist Orthopedic Surgery and Traumatology “Clínica Médica Palencia” Palencia (january 2015 until now).

## **GRANTS / AWARDS / SCHOLARSHIPS AND RESEARCH PROJECTS**

### **RESEARCH PROJECTS**

#### **PROJECT NUMBER 1 (2010-2011)**

Project title: Percutaneous tenolysis versus conventional tenolysis in the surgical treatment of trigger finger.

Financing Entity: Junta de Castilla y León. Ministerio de Sanidad. I +D.

Type: National

Principal investigator: Clarisa Simón Pérez

Number of researchers: 3

Participating entities: Surgery and Anatomy Department of UVA. COT HCUV.

#### **PROJECT NUMBER 2 (2014)**

Project title: Study of the carotid artery in MRI of the cervical spine: the incidence of retropharyngeal situation to assess the risks in the anterior approach to the cervical spine.

Financing Entity: Junta de Castilla y León. Ministerio de Sanidad. I+D.

Type: National.

Principal Investigator: Borja Toribio Calvo

Number of researchers: 8

Participating entities: Radiology and Traumatology Services. Hospital Clínico Universitario de Valladolid. Valladolid. Spain.

#### PROJECT NUMBER 3 (2014)

Project title: Study of the vertebral artery in MRI of the cervical spine by anterior approach.

Financing Entity: Junta de Castilla y León. Ministerio de Sanidad. I+D.

Type: National.

Principal Investigator: Luis García Flórez

Number of researchers: 8

Participating entities: Radiology and Traumatology Services. Hospital Clínico Universitario de Valladolid. Valladolid. Spain.

#### PROJECT NUMBER 4 (2014)

Project title: "Perspectives in the pharmacological treatment of Dupuytren's disease"

Financing Entity: Junta de Castilla y León. Ministerio de Sanidad. I+D.

Type: National.

Principal Investigator: Clarisa Simón Pérez

Number of researchers: 8

Participating entities: Radiology and Traumatology Services. Hospital Clínico Universitario de Valladolid. Valladolid. Spain.

#### AWARDS

1. **First prize** presentation of clinical cases **“PFIZER III Meeting in Orthopedic Surgery and Traumatology”** Open fracture of humerus associates with nerve injuries: comprehensive treatment. Alicante 19 may 2012.

2. Award **OPTIMEDIC Congress SECMA** “Anatomical references in the percutaneous technique for trigger finger” Brotat Rodríguez, M; Simon Perez, C; Garcia Medrano, B; Martin Ferrero, MA. Palma de Mallorca, May 8, 2013.
3. **First prize SCLECARTO 2013** communication "Rescue arthroscopy anterior bone complications cap" Brotat Rodríguez, M; Garcia Medrano, B; Beltran de Heredia Rentería, P; Ibeas Martinez, M; León Andrino, A.
4. **Second prize SCLECARTO 2016** communication "Results of the surgical treatment of periprosthetic knee fractures" Arnanz Remis, A; Alonso Recio, A; **Brotat Rodríguez, M**; Mingo Robinet, J, Otero Suarez, R. León 2016.

#### A) SCOLARSHIPS

1. **EFORT 2013** Scholarship Awarded by the Society for Traumatology and Orthopaedic Surgery. July 2013.
2. **AMECRA 2015** Scholarship Awarded AMECRA 2015 by the Spanish Arthroscopy Association in collaboration with the Mexican Association of Arthroscopy. November 2016.
3. **SECOT 2016** Exchange of studies for stays in European centers. Scholarship Awarded by the Society for Traumatology and Orthopaedic Surgery. July 2016.

### JOURNALS

#### A) NATIONAL

1. “**Tratamiento de la enfermedad de Dupuytren mediante la colagenasa del Clostridium Histolyticum**” Martín Ferrero, MA; Simón Pérez, C; Rodríguez Mateos, JI; García Medrano, B; Hernández Ramajo, R; **Brotat Rodríguez, M**. Revista Española Cirugía Ortopédica Traumatología 2013; 57 (6): 398-402.
2. “**Referencias anatómicas para la tenolisis percutánea de los flexores de la mano**” **Brotat Rodríguez, M**; Simón Pérez, C; García Medrano, B; Martín Ferrero, MA. Revista Iberoamericana de la Cirugía de la mano 2014, 42 (1): 41-46.
3. “**Aplicación clínica de la técnica percutánea en la tenosinovitis estenosante de los flexores de la mano**” **Brotat Rodríguez, M**; Simón Pérez, C; García

Medrano, B; Martín Ferrero, MA. Revista Iberoamericana de la Cirugía de la mano 2014, 42 (2): 119-126.

## B) INTERNATIONAL

1. **“Long- term outcome of the Cloward procedure for single- level cervical degenerative spondylosis. Clinical and radiological assessment after a 22 year mean follow-up”** Noriega, DC; **Brotat M**; Ardura F; Hernández R; Barrios, C. Acta Neurochir (2013) 155: 2339-2344. Clinical Article-Spine.
2. **“Factors influencing recurrence and progression of Dupuytren’s disease treated by Collagenase Clostridium histolyticum”** Simón Pérez C, Alia. Ortega J, **Brotat Rodriguez M** et al. International Orthopaedics [ISSN 0341-2695](#)

## BOOK CHAPTERS

### First author

- 1) **“Fracturas vertebrales con afectación neurológica en un paciente con mieloma: sustitución de cuerpos vertebrales con implantes de tantalio”** Official College of Physicians of Valladolid. Pág 153. ISBN: 978-84-695-0665-3. Valladolid, 2010.
- 2) **“Evolución tórpida de fractura de húmero proximal”** Official College of Physicians of Valladolid. ISBN: 978-84-941191-0-1. Valladolid 2012
- 3) **“Formas clínicas de una misma identidad: la osteoporosis”** Book of resident clinical cases. SECOT 2012. Pág 136. ISBN: 978-84-7989-741-3.
- 4) **“Fascitis necrotizante: rápida y mortal. No hay enemigo pequeño.** Official College of Physicians of Valladolid. Pág 453. ISBN 978-84-941191-6-3. Valladolid 2013.
- 5) **“Espondilodiscitis lumbar en paciente compleja”** Official College of Physicians of Valladolid. Pag 521. ISBN: 978-84-942945-3-2. Valladolid 2014.

- 6) **“Cervicoartrosis”** Resident book. COT. Capítulo 66. 2014. Editorial SECOT. ISBN: 978-84-967-0756-2.

Co-author

- 1) **“Actuación urgente ante una fractura vertebral, opciones terapéuticas”**  
García Medrano, Belén; **Brotat Rodríguez, M**; García Flórez, Luis. Book of awards for the best clinical cases of resident doctors “Dr. D. Miguel García Muñoz prizes” Official College of Physicians of Valladolid. Valladolid 2011. Pág 237. ISBN: 978-84-695-0665-3.
- 2) **“Avances terapéuticos en la incipiente necrosis avascular de cadera. Despistaje etiológico”** García Medrano, Belén; **Brotat Rodríguez, M**; Cortés Villar, JM; del Canto Iglesias, F. II Book of awards for the best clinical cases of resident doctors “Dr. D. Miguel García Muñoz prizes” Official College of Physicians of Valladolid. Valladolid 2012. ISBN: 978-84-941191-0-1.
- 3) **“Proceso evolutivo y secuelas del fibroleiomioma de la articulación coxo-femoral”** García Medrano, B; **Brotat Rodríguez, M**; Martínez Ibeas, M; Palencia Ercilla, J. III Book of awards for the best clinical cases of resident doctors “Dr. D. Miguel García Muñoz prizes” Official College of Physicians of Valladolid. Pág 477. ISBN 978-84-941191-6-3. Valladolid, 2013.
- 4) **“El compromiso neurológico asociado a las fracturas diafisarias de húmero distal. Recuperación quirúrgica de la parálisis radial”** García Medrano, B; **Brotat Rodríguez, M**; Luengos Peña, V. IV Book of awards for the best clinical cases of resident doctors “Dr. D. Miguel García Muñoz prizes” Official College of Physicians of Valladolid. Pág 550. ISBN: 978-84-942945-3-2. Valladolid 2014.
- 5) **“Rescate de pseudoartrosis en alargamiento cubital con injerto de cresta iliaca autólogo”** León Andrino, A; **Brotat Rodríguez, M**. Libro de Casos Clínicos ACUMED.
- 6) **“Management of disorders of metacarpophalangeal joint in association with trapeziometacarpal joint osteoarthritis”** Simón Pérez, C; García Medrano, B; Aguado, H; Rodríguez Mateos, JI; **Brotat Rodríguez, M**; Martín Ferrero, MA. Bone and Joint disorders. Chapter 2. 2016.

## **COMUNICATIONS**

### **- FIRST AUTHOR**

1. **“Cambios degenerativos precoces en la columna lumbar”** **Brotat Rodríguez, M**; García Medrano, B; Noriega González, D; Yagüe Solís, F; Cortés Villar, JM; del Canto Iglesias, F; Noriega Trueba; J. Spine workdays León. 12-13th november 2010.
2. **“Fracturas vertebrales con afectación neurológica (mieloma)”** **Brotat Rodríguez, M**; García Medrano, B; García Flórez, L; Plata García, M; García Virto, V; Hernández Ramajo, R; Díaz Díaz, J. Spine workdays León. 12-13th november 2010.
3. **“Fracturas torácicas con afectación neurológica: tratamiento y evolución”** **Brotat Rodríguez, M**; García Medrano, B; García Flórez, L; Yagüe Solís, F; Plata García, M; Cortés Villar, JM; Martínez Ibeas, M; Díaz Díaz, J. Spine workdays León. 26th november 2011.
4. **“Fallo de instrumentación cervical: revisión y tratamiento”** **Brotat Rodríguez, M**; García Medrano, B; García Flórez, L; García Virto, V; Hernández Ramajo, R; Díaz Díaz, J. Spine workdays León. 26 november 2011.
5. **“Mosaicoplastia en rodilla como alternativa para lesiones condrales”** **Brotat Rodríguez, M**; García Medrano, B; León Andrino, A; García Virto, V; Yagüe Solís, F; Vega Castrillo, A; Ruiz Valdivieso, T. XXXI SEROD congress. Las Palmas de Gran Canaria, april 2012.
6. **“Reconstrucción del LCA con técnica de doble fascículo y monotúnel femoral”** **Brotat Rodríguez, M**; García Medrano, B; Plata García, M; Hernández Ramajo, R; León Andrino, A; Beltrán de Heredia Rentería, P. XXXI SEROD congress. Las Palmas de Gran Canaria, april 2012.
7. **“Técnica percutánea en la tenosinovitis estenosante de los flexores de la mano: referencias anatómicas y aplicación clínica”** **Brotat Rodríguez, M**; García Medrano, B; Plata García, M; Simón Pérez, C; Martín Ferrero, MA. SCLECARTO congress. Palencia, 2nd june 2012.

8. “Seguimiento a largo plazo de la técnica de Cloward: evaluación clínica y radiológica” **Brotat Rodríguez, M**; Martínez Ibeas, M; Noriega González, D; García Medrano, B; Cortés Villar, JM; Ardura Aragón, F; García Flórez, L; Noriega Trueba, JJ. 49 SECOT congress. Málaga, 3-5th october 2012.
9. “Revisión artroscópica de los topes óseos anteriores coracoides fallidos” **Brotat Rodríguez, M**; García Medrano, B; Beltrán de Heredia; P; Cuéllar Gutiérrez, R; Ponte Tellechea, J. AEA congress. San Sebastián, 24-26th april 2013.
10. “Técnica percutánea de la tenosinovitis de los flexores de la mano: aplicación clínica” **Brotat Rodríguez, M**; García Medrano, B; Simón Pérez, C; Plata García, M; Martín Ferrero, MA. SECMA congress., Palma de Mallorca, 8 may 2013.
11. “Referencias anatómicas en la técnica percutánea para tenosinovitis estenosante de los flexores de la mano” **Brotat Rodríguez, M**; Simón Pérez, C; García Medrano, B; Martín Ferrero, MA. SECMA congress, Palma de Mallorca, 8 may 2013.
12. “Rotura de implante intersomático lumbar: opciones terapéuticas” **Brotat Rodríguez, M**; García Medrano, B; Rodríguez Monsalve Milano, F; García Flórez, L. XIII Spine Workdays León 17 november 2012.
13. “Artroscopia de rescate en las complicaciones del tope óseo anterior” **Brotat Rodríguez, M**; García Medrano, B; Beltrán de Heredia Rentería, P; Martínez Ibeas, M; León Andrino, A. SCLECARTO congress Soria, 31 may- 1 june 2013
14. “Tratamiento percutáneo de las fracturas de calcáneo” **Brotat Rodríguez, M**; García Medrano, B; Gutierrez Carrera, JM; Díez, LA. 35 SEMCPT congress. Palma de Mallorca, 13 june 2013.
15. “Tratamiento percutáneo de las fracturas de calcáneo” **Brotat Rodríguez, M**; García Medrano, B; Martínez Ibeas, M; Gutierrez Carrera, JM; Palencia Ercilla, J. 50 SECOT congress. Barcelona 2 october 2013.
16. “Dedo en resorte: referencias anatómicas para la tenolisis percutánea” **Brotat Rodríguez, M**; García Medrano, B; Simón Pérez, C; Martín Ferrero, MA. 50 SECOT congress. Barcelona 2 october 2013.



17. “Manejo terapéutico de la discitis crónica” **Brotat Rodríguez, M**; García Medrano, B; García Flórez, L; Ramirez Marroquín; M; Bustinza Camapaza, E; Arino Palao, B. XIV Spine Workdays León, november 2013.
18. “Referencias anatómicas en la técnica percutánea para la tenosinovitis estenosante de los flexores de la mano” **Brotat Rodríguez, M**; Simón Pérez, C; García Medrano, B; Martín Ferrero, MA. X National Congress INVESCOT 2014. Santiago de Compostela, february 2014.
19. “Different injuries caused by osteoporosis” Brotat Rodríguez, M; García Medrano, B; García Flórez, L; Martínez Ibeas, M; Cortés Villar, JM. 15 th EFORT Congress, Londres 4-6th june 2014.
20. “Escoliosis en el síndrome de Noonan” **Brotat Rodríguez, M**. XV Spine Workdays. León, november 2014.
21. “Doble patología: escoliosis y espondilolistesis. Cómo actuar” **Brotat Rodríguez, M**. XV Spine Workdays. León, november 2014.
22. “Riesgos neurovasculares en la artroscopia de hombro” **Brotat Rodríguez, M**; Beltrán de Heredia Rentería, P; Ariño Palao, B; Pastor Vázquez, Francisco; Martín Ferrero, MA. 3º AEA- SEROD congress. Madrid, 22-24 april 2015.
23. “Referencias radiológicas y anatómicas para la realización de la técnica percutánea de la tenosinovitis estenosante del primer dedo” Brotat Rodríguez, M; Simón Pérez, C; Pastor Vázquez, F; Martín Ferrero, MA. 53 SECOT congress. A Coruña, september 2016.

#### CO-AUTHOR

1. “Tratamiento de fractura “hagman” en el contexto de un politraumatizado” García Medrano, B; **Brotat Rodríguez, M** et al. Spine Workdays León. 12-13th november 2010.
2. “Fracturas torácicas con afectación neurológica: tratamiento y evolución” García Medrano, B; **Brotat Rodríguez, M** et al. Spine Workdays León. 12-13th november 2010.

3. “Fallo de instrumentación cervical: revisión y tratamiento” García Medrano, B; **Brotat Rodríguez, M** et al. Spine Workdays. León. 12-13th november 2010.
4. “Logros quirúrgicos en el tratamiento de la inestabilidad rotuliana” García Medrano, B; **Brotat Rodríguez, M**; Barrio Sanz, Patricia; Plata García, M; Palencia Ercilla, J. SCLECARTO congress. Ávila 17-18th june 2011.
5. “Alargamiento femoral y tibial. Nuestra experiencia mediante callotaxis” Yagüe Solís, F; García Virto, V; Imaz Corres, E; de Gregorio, Zósimo; **Brotat Rodríguez, M**. SCLECARTO congress. Ávila 17-18th june 2011.
6. “Artrodesis cuatro esquinas del carpo. Nuestra experiencia y resultados” García Virto, V; Yagüe Solís, F; Barrio Sanz, P; Hernández Ramajo, R; Plata García, M; **Brotat Rodríguez, M**; Simón Pérez, C; Martín Ferrero, MA. SECOT congress. Oviedo 28th september, 2011.
7. “Solución quirúrgica a la inestabilidad rotuliana” García Medrano, B; **Brotat Rodríguez, M**; Barrio Sanz, P; Plata García, M; García Virto, Virginia; Palencia Ercilla, J. SECOT congress. Oviedo 28th september, 2011.
8. “Análisis de la degeneración discal postfractura vertebral después de reducción anatómica mediante técnicas de difusión y perfusión” Noriega González, DC; Calabia del Campo, J; Ardura Aragón, F; **Brotat Rodríguez, M**; García Medrano, B; Noriega Trueba, JJ. XI SILACO congress, Buenos Aires 15th october, 2011.
9. “Fractura osteopórotica supraadyacente a instrumentación. Corrección con tornillos cementados” Cortés Villar, JM; Martínez Ibeas, M; Plata García, M, **Brotat Rodríguez, M**; García Virto, V; García Flórez, L; Díaz Díaz, J. XII Spine Workdays. León. 26th november 2011.
10. “Fractura supraadyacente a instrumentación larga, corrección sin técnicas de cementación” Cortés Villar, JM; Martínez Ibeas, M; Yagüe Solís, F; Plata García, M; **Brotat Rodríguez, M**; Ardura Aragón, F; Noriega González, D; Noriega Trueba, JJ. XII Spine Workdays León. 26th november 2011.
11. “Artroplastia discal cervical: solución quirúrgica a la luxación de la prótesis” García Medrano, B; **Brotat Rodríguez, M**; Noriega González, D; Plata García, M; Hernández Ramajo, R; Noriega Trueba, JJ. XII Spine Workdays León. 26th november 2011.

12. “Espondilolistesis en la mielopatía cervical: opciones terapéuticas” García Medrano, B; **Brotat Rodríguez, M**; García Flórez, L; Hernández Ramajo, R Cortés Villar, JM; Yagüe Solís, F; Díaz y Díaz, J. XII Spine Workdays León. 26 november 2011.
13. “Ligamentoplastia fémoro-patelar medial en la inestabilidad rotuliana” García Medrano, B; **Brotat Rodríguez, M**; Palencia Ercilla, J; Hernández Ramajo, R; Barrio Sanz, P; Ruiz Valdivieso, T. XXXI SEROD congress. Las Palmas de Gran Canaria, april 2012.
14. “Corrección espontánea del genu varo en adultos, enigma de la mejoría clínica y radiológica” García Medrano, B; **Brotat Rodríguez, M**; Plata García, M; Yagüe Solís, F; Vasallo Prieto, J; Ruiz Valdivieso, T. XXXI SEROD congress. Las Palmas de Gran Canaria, april 2012.
15. “Revisión a largo plazo de la inestabilidad rotuliana tratada mediante Roux-Elmslie- Trillat” García Medrano, B; **Brotat Rodríguez, M**; García Virto, V; Martínez Ibeas, M; Beltrán de Heredia Rentería, Vasallo Prieto, J; Ruiz Valdivieso, T. XXXI SEROD congress. Las Palmas de Gran Canaria, april 2012.
16. “Enfermedad de Dupuytren: Tratamiento farmacológico” Martín Ferrero, MA; Simón Pérez, C; Rodríguez Mateos, JI; García Virto, V; Hernández Ramajo, R; **Brotat Rodríguez, M**. 49 SECOT congress. Málaga, 3-5 october 2012.
17. “¿El PLIF sin instrumentación posterior es una alternativa quirúrgica para la patología discal degenerativa? Seguimiento a 17 años” García Medrano, B; Plata García, M; **Brotat Rodríguez, M**; Hernández Ramajo, R; Noriega González, D; García Flórez, L; Noriega Trueba, JJ. 49 SECOT congress. Málaga, 3-5 october 2012.
18. “Fractura vertebral L1 por hemangioma” Rodríguez- Monsalve Milano; Luengos Peña, V; García Flórez, L; Hernández Ramajo, R; **Brotat Rodríguez, M**; Martínez Ibeas, M. XIII Spine Workdays León 17 november 2012.
19. “Fractura vertebral de vertebra inferior tras cifoplastia” Luengos Peña, V; Rodríguez- Monsalve Milano, F; García Flórez, L; **Brotat Rodríguez, M**; Plata García, M; Cortés Villar, JM. XIII Spine Workdays León 17 november 2012.

20. “Artroscopia de rescate de las complicaciones del tope óseo anterior por osteoclasia coracoidea” García Medrano, B; **Brotat Rodríguez, M**; Beltrán de Heredia Rentería, P; Martínez Ibeas, M. AEA congress. San Sebastián, 24-26 april 2013.
21. “Refuerzo al Bankart artroscópico en la inestabilidad glenohumeral anterior con plastia del subescapular” García Medrano, B; **Brotat Rodríguez, M**; Beltrán de Heredia, P. AEA congress. San Sebastián, 24-26 april 2013.
22. “Reparación percutánea de las roturas agudas de bíceps distal con anclaje” García Medrano, B; **Brotat Rodríguez, M**; Simón Pérez, C; Palencia Ercilla, J; Martín Ferrero, MA. SCLECARTO congress Soria, 31 may- 1 june 2013.
23. “Artroplastia invertida de hombro: serie de casos” Martínez Ibeas, M; Cortés Villar, JM; León Andrino, A; **Brotat Rodríguez, M**; Beltrán de Heredia, P. SCLECARTO congress Soria, 31 may- 1 june 2013.
24. “Transferencia tendinosa como tratamiento quirúrgico conservador de la IFP del segundo dedo” García Medrano, B; **Brotat Rodríguez, M**; Martínez Ibeas, M; Gutierrez Carrera, JM. 35 SEMCPT congress. Palma de Mallorca, 13 june 2013.
25. “Alargamiento percutáneo del Aquiles en el pie equino congénito” García Medrano, B; **Brotat Rodríguez, M**; Díez, LA; Gutiérrez Carrera, JM. 35 SEMCPT congress. Palma de Mallorca, 13 june 2013.
26. “Tenosinovitis Aquilea por protothecas” García Medrano, B; Goncalves, L; **Brotat Rodríguez, M**; Gutiérrez Carrera, JM; Bratos, M. 35 SEMCPT congress. Palma de Mallorca, 13 june 2013.
27. “Pisectomía en artrosis aisladas limitantes” García Medrano, B; **Brotat Rodríguez, B**; Simón Pérez, C; Luengos Peña, V; Martín Ferrero, MA. 50 SECOT congress. Barcelona, 2 october 2013.
28. “Transferencia tendinosa para la reparación del segundo dedo entrecruzado” García Medrano, B; **Brotat Rodríguez, M**; Martínez Ibeas, M; Palencia Ercilla, J; Gutiérrez Carrera, JM. 50 SECOT congress. Barcelona, 2 october 2013.
29. “Artrodesis de rodilla; comparación del enclavamiento endomedular largo y modular” García Medrano, B; **Brotat Rodríguez, B**; Palencia Ercilla, J; Cortés Villar, JM; Vega Castrillo, A. 50 SECOT congress. Barcelona, 2 october 2013.

30. “Fractura avulsión de la tuberosidad tibial anterior en el esqueleto inmaduro. Implicación articular. Abordaje artroscópico y secuelas durante el crecimiento” García Medrano, B; **Brotat Rodríguez, M**; Martínez Ibeas, M; Cortés Villar, JM; Trigueros Larrea, JM; García Flórez, L. Course on complications of intra-articular fractures in the lower limb. SCLECARTO. 8 november 2013, Ávila.
31. “Rescate del cut-out. Aumentación cementada del clavo endomedular” García Medrano, B; **Brotat Rodríguez, M**; Cortés Villar, JM; Martínez Ibeas, M; del Canto Iglesias, F; Trigueros Larrea, JM; García Flórez, L. Course on complications of intra-articular fractures in the lower limb. SCLECARTO. Ávila, 8 november 2013.
32. “Pseudoartrosis de peroné con lesión crónica de la sindesmosis. Solución quirúrgica” Cortés Villar, JM; Martínez Ibeas, M; **Brotat Rodríguez, M**; García Medrano, B; García Flórez, L; Trigueros Larrea, JM. Course on complications of intra-articular fractures in the lower limb. SCLECARTO. Ávila, 8 november 2013.
33. “Fractura- luxación de cadera” Martínez Ibeas, M; **Brotat Rodríguez, M**; García Medrano, B; Gonzalez Bedia, MA; Trigueros Larrea, JM; Cortés Villar, JM; García Flórez, L. Course on complications of intra-articular fractures in the lower limb. SCLECARTO. Ávila, 8 november 2013.
34. “Tratamiento de fracturas de meseta tibial con asistencia artroscópica” Martínez Ibeas, M; Cortés Villar, JM; García Medrano, B; **Brotat Rodríguez, M**; García Flórez, L; Trigueros Larrea, JM. Course on complications of intra-articular fractures in the lower limb. SCLECARTO. Ávila, 8 november 2013.
35. “Síndrome medular postraumático en paciente joven con estenosis de canal cervical” Bustinza Camapaza, E; Ramirez Marroquín, M; **Brotat Rodríguez, M**; García Medrano, B; García Flórez, L; Casado Pérez, RM. XIV Spine Workdays León, november 2013.
36. “Fractura de odontoides en paciente mayor” Ramirez Marroquín, M; Bustinza Camapaza, E; García Medrano, B; **Brotat Rodríguez, M**; García Flórez, L; Trigueros Larrea, JM. XIV Spine Workdays León, noviembre 2013.
37. “Columna cervical multioperada” García Medrano, B; **Brotat Rodríguez, M**; Ramirez Marroquín, M; Bustinza Camapaza, E; García Flórez, L; Trigueros Larrea, JM. XIV Spine Workdays León, noviembre 2013.

38. “Luxación glenohumeral con afectación neurovascular” Cortés Villar, JM; **Brotat Rodríguez, M**; Martínez Ibeas, M; Luengos Peña, V; Rodríguez-Monsalve Milano, F; Beltrán de Heredia Rentería; Trigueros Larrea, JM; Lomo Garrote, JM; García Flórez, L. Course on complications of intra-articular fractures in the lower limb Ávila, 27 november 2014.
39. “Mosaicoplastia artroscópica en lesión de Hill- Sachs engaging. Resultados a largo plazo” Cortés Villar, JM; **Brotat Rodríguez, M**; Martínez Ibeas, M; Luengos Peña, V; Rodríguez-Monsalve Milano, F; Beltrán de Heredia Rentería; Trigueros Larrea, JM; Lomo Garrote, JM; García Flórez, L. Course on complications of intra-articular fractures in the lower limb Ávila, 27 noviembre 2014.
40. “Artrodesis radiocarpiana” Otero Suarez, R; Torres Torres, M; González Salvador, M; **Brotat Rodríguez, M**; González Rodríguez, M. Course on complications of intra-articular fractures in the lower limb Ávila, 27 noviembre 2014.
41. “Resultados de movilización bajo anestesia más artroscopia en la capsulitis adhesiva del hombro” Ariño Palao, B; Beltrán de Heredia Rentería, P; **Brotat Rodríguez, M**; Ramirez Marroquín, M; Martín Ferrero, MA. 3º AEA-SEROD congress. Madrid, 22-24 abril 2105
42. “Tratamiento de las lesiones nerviosas traumáticas a nivel del codo” Simón Pérez, C; García Medrano, B; Rodríguez Mateos, JI; **Brotat Rodríguez, M** Martín Cal, O; Martín Ferrero, MA; XXII SECMA congress. Murcia, 6 May 2015.
43. “Resultados de movilización bajo anestesia más artroscopia en la capsulitis adhesiva del hombro” Ariño Palao, B; Brotat Rodríguez, M; Ramirez Marroquín, M; Beltrán de Heredia Rentería, P. 52 SECOT congress, A Coruña 2015.
44. “Complicaciones intraoperatorias severas de la artroscopia de hombro en posición de silla de playa. A propósito de dos casos” Ariño Palao, B; Brotat Rodríguez, M; Bustinza Camapaza, E; Álvarez López, JC, Beltrán de Heredia Rentería, P. 52 SECOT congress, A Coruña 2015.
45. “Fractura- luxación glenohumeral asociada a lesión severa de la arteria axilar: presentación de cuatro casos” León Andrino A, Beltrán de Heredia Rentería

P, **Brotat Rodríguez M**, García Fraile R, Martín- Ferrero MA. Barcelona 53  
SECOT congress, 28-30 september 2016.

## POSTERS

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1. “Alternativas al tratamiento quirúrgico en fracturas C1-C2” **Brotat Rodríguez, M**; García Medrano, B; Ardura Aragón, F; García Virto, V; Plata García, M; Noriega González, D; Noriega Trueba, JJ. 48 SECOT congress 28-30 September 2011.
2. “Inestabilidad L4-L5 secundaria a artrodesis L5-S1” **Brotat Rodríguez, M**; García Medrano, B; García Flórez, L; Faour Martín. O; Martínez Ibeas, M; Cortés Villar, JM. 48 SECOT congress 28-30 September 2011.
3. “Restitución anatómica en fracturas osteoporóticas con afectación del muro posterior mediante cifoplastia” **Brotat Rodríguez, M**; García Medrano, B; Noriega González, D; Yagüe Solís, F; Hernández Ramajo, R; Barrio Sanz, P; Ardura Aragón, F; del Canto Iglesias, F. 48 SECOT congress 28-30 September 2011.
4. “Referencias anatómicas en la técnica percutánea para la tenosinovitis estenosante de los flexores de la mano” **Brotat Rodríguez, M**; Simón Pérez, C; García Medrano, B; Martín Ferrero, MA. 48 SECOT congress. Oviedo, 28-30 September 2011.
5. “Fractura abierta de húmero asociada a lesiones nerviosas: tratamiento integral” **Brotat Rodríguez, M**; Simón Pérez, C; García Medrano, B; Martín Ferrero, MA. 48 SECOT congress. Oviedo, 28-30 September 2011.
6. “Tratamiento de la luxación aislada de la articulación tibioperonea proximal” **Brotat Rodríguez, M**; García Medrano, B; Simón Pérez, C; Martínez Ibeas, M; Cortés Villar, JM; Rodríguez- Monsalve Milano, F; Martín Ferrero, M. XXXI Congreso SEROD. Las Palmas de Gran Canaria, April 2012.
7. “Encondroma como causa de parálisis del ciático poplíteo externo” **Brotat Rodríguez, M**; García Medrano, B; León Andrino, A; Hernández Ramajo, R;

- Plata García, M; Luengos Peña, V; Martín Ferrero, MA. XXXI Congreso SEROD. Las Palmas de Gran Canaria, April 2012.
8. “Condroma yuxtacortical juvenil de localización femoral” **Brotat Rodríguez, M**; García Medrano, B; Yagüe Solís, F; García Virto, V; Cortés Villar, JM; Vega Castrillo, A; Ruiz Valdivieso, T. XXXI Congreso SEROD. Las Palmas de Gran Canaria, April 2012.
  9. “Cirugía de revisión del Latarjet fallido” **Brotat Rodríguez, M**; García Medrano, B; Beltrán de Heredia Rentería, P; León Andrino, A; Cortés Villar, JM; Luengos Peña, V. AEA congress. Valencia, May 2012.
  10. “Tratamiento artroscópico de la condromatosis sinovial del hombro” **Brotat Rodríguez, M**; García Medrano, B; Beltrán de Heredia Rentería, P; García Virto, V; Yagüe Solís, F; León Andrino, A. AEA congress. Valencia, May 2012.
  11. “Mosaicoplastia en rodilla como alternativa a las lesiones condrales” **Brotat Rodríguez, M**; García Medrano, B; León Andrino, A; García Virto, V; Yagüe Solís, F; Álvarez Calvo, A; Vega Castrillo, A; Ruiz Valdivieso, T. AEA congress. Valencia, May 2012.
  12. “Seguimiento del tratamiento artroscópico de las lesiones tipo PASTA” **Brotat Rodríguez, M**; García Medrano, B; Beltrán de Heredia Rentería, P; Plata García, M; Hernández Ramajo, R; León Andrino, A; García Fraile, R. AEA congress. Valencia, May 2012.
  13. “Alternativa a la cirugía abierta en la condromatosis sinovial del hombro” **Brotat Rodríguez, M**; García Medrano, B; Beltrán De Heredia Rentería, P; Plata García, M; Hernández Ramajo, R; León Andrino, A. 49 SECOT congress, Málaga 3-5 October 2012.
  14. “Tratamiento de lesiones condrales: mosaicoplastia” **Brotat Rodríguez, M**; García Medrano, B; León Andrino, A; Yagüe Solís, F; García Virto, V; Vega Castrillo, A. 49 SECOT congress, Málaga 3-5 October 2012.
  15. “Dolor lumbar en la infancia” **Brotat Rodríguez, M**; García Medrano, M; García Flórez, L; Martínez Ibeas, M; Cortés Villar, JM; Díaz Díaz, J. 49 SECOT congress, Málaga 3-5 October 2012.
  16. “Síndrome de atrapamiento del ciático poplíteo externo por encondroma” **Brotat Rodríguez, M**; García Medrano, B; Rodríguez-Monsalve Milano, M; Luengos Peña, V; León Andrino, A; Martín Ferrero, MA. 49 SECOT congress, Málaga 3-5 October 2012.



17. “Lesión osteocondral de gran tamaño: opciones terapéuticas” **Brotat Rodríguez, M**; García Medrano, B; Martínez Ibeas, M; Cortés Villar, JM; Vega Castrillo, A. AEA congress. San Sebastián, 24-26 April 2013.
18. “Tratamiento artroscópico en la condromatosis sinovial del hombro” **Brotat Rodríguez, M**; García Medrano, B; Beltrán de Heredia Rentería, P; Cortés Villar, JM; Martínez Ibeas, M. AEA congress. San Sebastián, 24-26 April 2013.
19. “Fractura abierta de húmero con afectación nerviosa: Tratamiento integral” **Brotat Rodríguez, M**; García Medrano, B; Simón Pérez, C; Palencia Ercilla, J; Martín Ferrero, MA. SECMA congress May 2013.
20. “Variante infantil de la fractura-luxación de Galeazzi” **Brotat Rodríguez, M**; León Andrino, A; Álvarez Calvo, A; García Medrano, B; Simón Pérez, C. SECMA congress May 2013.
21. “Resultados a largo plazo de la técnica de Cloward para la espondilosis degenerativa cervical: valoración clínica y radiológica tras 22 años de seguimiento medio” **Brotat Rodríguez, M**; Ardura Aragón, F; Martínez Ibeas, M; García Medrano, B; Noriega González, DC. GEER/SILACO Valencia, 1 June 2013.
22. “Peroneal impingement syndrome by enchondroma” **Brotat Rodríguez, M**; García Medrano, B; León Andrino, A; Martín Ferrero, MA. 14th EFORT Congress. Instambul, 5-8 June 2013.
23. “Localización anómala de osteoma osteoide” **Brotat Rodríguez, M**; García Medrano, B; Gutiérrez Carrera, JM; Díez, LA. 35 SEMCPT congress. Palma de Mallorca, June 2013.
24. “Lesión vascular en fractura-luxación de hombro” **Brotat Rodríguez, M**; García Medrano, B; Martínez Ibeas, M; Cortés Villar, JM. 50 SECOT congress, Barcelona October 2013.
25. “Comparación entre la tenolisis abierta y percutánea en el dedo en resorte congénito” **Brotat Rodríguez, M**; García Medrano, B; Simón Pérez, C; Martín Ferrero, MA; León Andrino, A. 50 SECOT congress, Barcelona October 2013.
26. “Tratamiento con teriparatida en la evolución de las fracturas del paciente osteoporótico” **Brotat Rodríguez, M**; García Medrano, B; León Andrino, A; Martínez Ibeas, M; Cortés Villar; Palencia Ercilla, J. 50 SECOT congress, Barcelona October 2013.

27. “Repercusión de la osteoporosis en la osteosíntesis” **Brotat Rodríguez, M**; García Medrano, B; León Andrino, A; Palencia Ercilla, J; Vega Castrillo, A. 50 SECOT congress, Barcelona October 2013.
28. “Fractura-luxación Galeazzi infantil” **Brotat Rodríguez, M**; León Andrino, A; Álvarez Calvo, A; García Medrano, B; Palencia Ercilla, J. 50 SECOT congress, Barcelona October 2013.
29. “Movilización de implante intersomático lumbar: opciones terapéuticas” **Brotat Rodríguez, M**; García Medrano, B; García Flórez, L; Luengos Peña, V; Rodríguez Monsalve-Milano, F; Bustinza, E. 50 SECOT congress, Barcelona October 2013.
30. “Evolución tórpida de fractura pertrocanterea de fémur” **Brotat Rodríguez, M**; García Medrano, B; Palencia Ercilla, J; Plata García, M; Cortés Villar, JM; Martínez Ibeas, M. 50 SECOT congress. October 2013, Barcelona.

#### CO-AUTHOR

1. “Osteocondroma de gran tamaño en fémur proximal” García Virto, V; Yagüe Solís, F; Barrio Sanz, P; González Salvador, M; Plata García, M; **Brotat Rodríguez, M**; Gutiérrez Carrera, JM. 47 SECOT-EFORT, Madrid 2010.
2. “La posición de la aorta en relación al raquis dorsal” García Medrano, B; **Brotat Rodríguez, M**; Toribio Calvo, B; García Flórez, L; Hernández Ramajo, R; García Virto, V; Díaz Díaz, J. XXV Spine Society congress (GEER) Salamanca, June 2011.
3. “Cementación reabsorbible en fracturas vertebrales A3.1” García Medrano, B; **Brotat Rodríguez, M**; Faour Martín, O; Cortés Villar, JM; Noriega González, D; Ardura Aragón, F; Noriega Trueba, JJ. . XXV Spine Society congress (GEER) Salamanca, June 2011.
4. “Fracturas osteoporóticas A3.1 en tratamiento con técnica combinada de cifoplastia y fijación pedicular percutánea” García Medrano, B; **Brotat Rodríguez, M**; García Flórez, L; Yagüe Solís, F; Cortés Villar, JM; Hernández Ramajo, R. 48 Congreso SECOT. Oviedo, 28-30 September 2011.
5. “La posición de la aorta en relación al raquis dorsal” García Medrano, B; **Brotat Rodríguez, M**; Toribio Calvo, B; García Flórez, L; Hernández Ramajo, R; García Virto, V; Montes Calvo; JM. 48 Congreso SECOT. Oviedo, 28-30 September 2011.

6. “Fractura periprotésica sobre artroplastia total de rodilla y osteosíntesis endomedular proximal de fémur” García Virto, V; Yagüe Solís, F; Barrio Sanz, P; Plata García, M; **Brotat Rodríguez, M**; García Medrano, B; Cortés Villar, JM; León Andrino, A. 48 Congreso SECOT. Oviedo, 28-30 September 2011.
7. “Prótesis discal cervical C3-C4 y C4-C5: conversión a artrodesis intersomática” Yagüe Solís, F; García Virto, V; **Brotat Rodríguez, M**; García Medrano, B; Martínez Ibeas, M; Cortés Villar, JM; Noriega González, D. 48 Congreso SECOT. Oviedo, 28-30 September 2011.
8. “Luxación inveterada, no traumática, de rótula sobre artroplastia total de rodilla. Riesgo de su sustitución” García Medrano, B; **Brotat Rodríguez, M**; Cortés Villar, JM; Luengos Peña, V; León Andrino, A; Ruiz Valdivieso, T. XXXI Congreso SEROD. Las Palmas de Gran Canaria, April 2012.
9. “Schwannoma del ciático poplíteo externo: implicaciones diagnósticas y tratamiento quirúrgico” García Medrano, B; **Brotat Rodríguez, M**; Cortés Villar, JM; Rodríguez- Monsalve Milano, F; Vega Castrillo, A; Ruiz Valdivieso, T. XXXI Congreso SEROD. Las Palmas de Gran Canaria, April 2012.
10. “Evolución de las complicaciones de la luxación traumática de rodilla” García Medrano, B; **Brotat Rodríguez, M**; del Canto Iglesias, F; García Virto, V; Vega Castrillo, A; Ruiz Valdivieso, T. XXXI Congreso SEROD. Las Palmas de Gran Canaria, April 2012.
11. “Prótesis de charnela: solución a la inestabilidad” Plata García, M; Hernández Ramajo, R; **Brotat Rodríguez, M**; Yagüe Solís, F; Cortés Villar, JM; Rodríguez- Monsalve Milano, F; Palencia Ercilla, J. XXXI Congreso SEROD. Las Palmas de Gran Canaria, April 2012.
12. “Avances ortopédicos en el compartimento fémoro-patelar” García Medrano, B; **Brotat Rodríguez, M**; Martínez Ibeas, M; Yagüe Solís, F; Beltrán de Heredia Rentería, P; Ruiz Valdivieso, T. XXXI SEROD congress. Las Palmas de Gran Canaria, April 2012.
13. “Rescate para la movilización de artroplastia total de rodilla con artrodesis tipo Wichita” García Medrano, B; **Brotat Rodríguez, M**; Hernández Ramajo, R; Plata García, M; Trigueros Larrea, J; Ruiz Valdivieso, T. XXXI SEROD congress. Las Palmas de Gran Canaria, April 2012.

14. "Traumatismo en hombro en edad pediátrica" García Virto, V; Yagüe Solís, F; García Medrano, B; **Brotat Rodríguez, M**; Martínez Ibeas, M; Cortés Villar, JM; Simón Pérez, C; Barrio Sanz, P. 49 SECOT congress, Málaga 3-5 October 2012.
15. "Pulgar del guardabosques infantil. A propósito de un caso" García Virto, V; Yagüe Solís, F; Hernández Ramajo, R; Plata García, M; **Brotat Rodríguez, M**; Martínez Ibeas, M; Simón Pérez, C; Martín Ferrero, MA. 49 SECOT congress, Málaga 3-5 October 2012.
16. "Síndrome de Brown- Séquard agudo. Elección terapéutica y secuelas" García Medrano, B; **Brotat Rodríguez, M**; García Flórez, L; Rodríguez- Monsalve Milano, F; Noriega González, DC. GEER/SILACO Valencia, 1 June 2013.
17. "Topographical relationship aorta-dorsal spine" García Medrano, B; **Brotat Rodríguez, M**; Noriega González, DC; Plata García, M; García Flórez, L; Toribio Calvo. 14th EFORT Congress. Instambul, 5-8 June 2013.
18. "Arthroscopic stabilization for acromioclavicular dislocation by a loop technique" García Medrano, B; **Brotat Rodríguez, M**; Palencia Ercilla, J; Yagüe Solís, F; Beltrán de Heredia Rentería, P; Rodríguez-Monsalve, F; León Andrino, A. 14th EFORT Congress. Instambul, 5-8 June 2013.
19. "Traumatic knee dislocation, complications in the short, médium and long term" García Medrano, B; **Brotat Rodríguez, M**; Palencia Ercilla, J; Cortés Villar, JM; delCanto Iglesias, F; García Virto, V; Vega Castrillo, A. 14th EFORT Congress. Instambul, 5-8 June 2013.
20. "Gangrena por Clostridium Septicum" Martínez Ibeas, M; Cortés Villar, JM; Gutierrez Carrera, JM; Plata García, M; **Brotat Rodríguez, M**; Luengos Peña, V. 50 SECOT congress. October 2013, Barcelona
21. "Edema óseo espontáneo versus osteoporosis transitoria de la rodilla" García Medrano, B; **Brotat Rodríguez, M**; Palencia Ercilla, J; Rodríguez-Monsalve Milano, F; León Andrino, A; Ruiz Valdivieso, T. 50 SECOT congress. October 2013, Barcelona.
22. "La ligamentoplastia de Brunelli en la inestabilidad escafolunar" García Medrano, B; Simón Pérez, C; **Brotat Rodríguez, M**; Hernández Ramajo, R; Martín Ferrero, MA. 50 SECOT congress. October 2013, Barcelona.
23. "Cirugía mínimamente invasiva de la osteocondritis disecante del astrágalo" García Medrano, B; **Brotat Rodríguez, M**; Díez Suárez, A; Luengos Peña,

V; Palencia Ercilla, J; Gutiérrez Carrera, JM. 50 SECOT congress. October 2013, Barcelona.

24. “Sección traumática de los nervios periféricos en la extremidad superior. Reparación mediante tubos de silicona” García Medrano, B; Simón Pérez, C; **Brotat Rodríguez, M**; Plata García, M; Martín Ferrero, MA. 50 SECOT congress. October 2013, Barcelona.
25. “Pie equino paralítico secundario a artroplastia total de cadera” García Medrano, B; **Brotat Rodríguez, M**; Hernández Ramajo, R; Simón Pérez, C; Palencia Ercilla, J; Martín Ferrero, MA. 50 SECOT congress. October 2013, Barcelona.
26. “La epilepsia. Etiología de patología humeral” García Medrano, B; **Brotat Rodríguez, M**; Cortés Villar, JM; León Andrino, A; Beltrán de Heredia Rentería, P. 50 SECOT congress. October 2013, Barcelona.
27. “Pie equino varo adducto supinado estructurado bilateral agravado por osteomielitis crónica” García Medrano, B; **Brotat Rodríguez, M**; Martínez Ibeas, M; Palencia Ercilla, J; Gutiérrez Carrera, JM. 50 SECOT congress. October 2013, Barcelona.
28. “Deformidad en la cúbitocarpiana secundaria a la enfermedad de Madelung” García Medrano, B; **Brotat Rodríguez, M**; Plata García, M; Simón Pérez, C; Martín Ferrero, MA. 50 SECOT congress. October 2013, Barcelona.
29. “Impulsos terapéuticos en la incipiente necrosis avascular de la cadera. Despistaje etiológico” García Medrano, B; **Brotat Rodríguez, M**; del Canto Iglesias, F; Trigueros Larrea, JM; Palencia Ercilla, J; Vega Castrillo, A. 50 SECOT congress. October 2013, Barcelona.
30. “Elección de implante en rodillas severamente degenerativas” García Medrano, B; **Brotat Rodríguez, M**; Palencia Ercilla, J; Martínez Ibeas, M; Ruiz Valdivieso, T. 50 SECOT congress. October 2013, Barcelona.
31. “La osteoporosis como consecuencia de una incipiente pluripatología” García Medrano, B; **Brotat Rodríguez, M**; Palencia Ercilla, J; Rodríguez- Monsalve Milano, F; del Canto Iglesias, F; Vega Castrillo, A. 50 SECOT congress. October 2013, Barcelona.
32. “Tenosinovitis Aquilea por protothecas” García Medrano, B; Goncalves de Freitas, L; **Brotat Rodríguez, M**; Palencia Ercilla, J; Gutiérrez Carrera, JM; Bratos Pérez, MA. 50 SECOT congress. October 2013, Barcelona.

33. “Cut-out de fractura pertrocantérea tratada mediante enclavado endomedular”  
García Medrano, B; **Brotat Rodríguez, M**; del Canto Iglesias, F; Palencia  
Ercilla, J; Trigueros Larrea, JM. 50 SECOT congress. October 2013,  
Barcelona.
34. “La osteoporosis como etiología de las fracturas vertebrales consecutivas ante  
mínimos esfuerzos en varón joven” García Medrano, B; **Brotat Rodríguez,  
M**; Luengos Peña, V; Palencia Ercilla, J; García Flórez. 50 SECOT congress.  
October 2013, Barcelona.
35. “Síndrome de Brown Séquard agudo. Elección terapéutica y secuelas” García  
Medrano, B; **Brotat Rodríguez, M**; Rodríguez- Monsalve Milano, F; García  
Flórez, L; Noriega González, DC. 50 SECOT congress. October 2013,  
Barcelona.
36. “Rotura degenerativa tendón tibial anterior por patología degenerativa. A  
propósito de un caso” González García L, Martínez Ibeas M, **Brotat  
Rodríguez M**, Mingo Robinet J, Yagüe Solís F, García González S. 54  
SECOT congress. Barcelona 2017.

## PAPERS

1. **“Traumatología en atención primaria”** 1 hour (0,9 credits) Hospital  
Clínico Universitario de Valladolid. Valladolid, may 2011.
2. **“Plastia anterior con flap del subescapular en fallo cápsulo-labral  
anterior”** International course of Shoulder Surgery. Valladolid, 24-25 mayo  
2012.
3. **“Alternativas al arthro-latarjet”** International course of Shoulder Surgery.  
Valladolid, 24-25 mayo 2012.
4. **“Prótesis totales de hombro en pacientes osteoporóticos”** International  
course of Shoulder Surgery. Valladolid, 24-25 may 2012.
5. **“Tratamiento artroscópico de las roturas parciales del manguito  
rotador”** International course of Shoulder Surgery. Valladolid, 24-25 may  
2012.
6. **“Complicaciones de Artroplastias de cadera-rodilla”** SCLECARTO  
congress, Ávila 9 november 2012.

7. **“Pruebas de imagen en patología de pie y tobillo. Indicaciones, proyecciones e interpretación de las alteraciones patológicas más frecuentes”** One hour. “Foot and ankle course” Hospital Clínico Universitario de Valladolid, 15-16 may 2013.
8. **“Complicaciones y secuelas de fracturas intrarticulares de miembros inferiores”** SCLECARTO, Ávila 8 november 2013.
9. **“Paciente con mielopatía cervical”** General Session Hospital Clínico Universitario de Valladolid. Valladolid, 7 february 2014.
10. **“Sesiones clínicas Traumatología y Ortopedia”** One hour.. Complejo Asistencial Universitario de Palencia. Palencia, November 2015.
11. **“Urgencias en traumatología. Miembro superior”** Una hora de duración. Complejo Asistencial Universitario de Palencia. Junio 2015.
12. **“Anatomía aplicada a la cirugía. Vías de abordaje. Riesgos quirúrgicos”** Course of glenohumeral pathology. Valladolid, 12-13 november 2015.
13. **“Prótesis totales invertidas ¿cómo y cuándo? Fast track en la cirugía protésica del hombro”** Course of glenohumeral pathology Valladolid, 12-13 noviembre 2015.
14. **“Capsulitis adhesiva quirúrgica, mi técnica”** Course of glenohumeral pathology Valladolid, 12-13 november 2015.
15. **“Estructuras de riesgo neurovasculares del hombro, márgenes de seguridad”** Course of glenohumeral pathology Valladolid, 12-13 november 2015.
16. **“Otras patologías de la mano: dedo en resorte, tendinitis de Quervain, Dupuytren, Patología degenerativa”** Upper Limb Workday. Hospital Clínico Universitario de Valladolid. 12 February 2016.
17. **“Estructuras neurovasculares de riesgo en el hombro”** Valladolid Shoulder Course 2017. Valladolid, 5-6 october 2017.

## **COURSES**

1. **Introducción a las urgencias hospitalarias”** 24 hours. Hospital Clínico Universitario de Valladolid. Valladolid, 8-15 june 2009.
2. **“Fracturas complejas de tobillo”** 10 hours. Hospital Universitario Río Hortega. Valladolid, 24 september 2010.

3. **XI Jornadas de discusión sobre patología del raquis. Fracturas, infecciones y tumores vertebrales.** 12-13 november 2010, León.
4. **“El paciente con dolor crónico”** 9,5 credits. March 2010.
5. **“Second Valladolid shoulder surgery course”** 16,5 hours (2,2 credits) Hospital Clínico Universitario de Valladolid. Valladolid 27-28 january 2011.
6. **“I Curso teórico- práctico de Cirugía de rodilla”** 10 hours. Centro Tecnológico de formación del Complejo Hospitalario Universitario A Coruña. 23 march 2011.
7. **“Curso básico de artroscopia”** 9 hours. Hospital Clínico Universitario de Valladolid. Valladolid, 16 april 2010.
8. **“Refuerzo vertebral cementado- Actualización de técnicas e indicaciones”** 9 hours (2,1 credits) Madrid, 18 february 2011.
9. **“Symposium de traumatología y ortopedia: patología del raquis”** 11 hours MAPFRE. Madrid, 14-15 april 2011.
10. **“Curso básico de protección radiológica para residentes”** Hospital Clínico Universitario de Valladolid. 10 hours. Valladolid, 13 abril-3 may 2011.
11. **“III Curso básico de artroscopia de rodilla”** Hospital Clínico Universitario de Valladolid. 7 hours. 26 april 2011.
12. **“Osteotomías y artrodesis en pie y tobillo”** Hospital Clínico San Carlos. Madrid, 13 may 2011.
13. **“Cirugía vertebral en la edad avanzada”** GEER. Salamanca, 2 june 2011.
14. **“III Curso básico de formación en cirugía artroscópica de hombro”** 10 hours (1 credit) Hospital Universitario Río Hortega. Valladolid, 25th november 2011.
15. **“Actualización en los traumatismos complejos del hombro”** 8 hours . Hospital Clinic de Barcelona. Barcelona, 11th november 2011.
16. **“XII Spine Wordays. My worse cases”** León, 26 noviembre 2011.
17. **“Mecánica clínica y terapéutica pie y tobillo”** 18 hours. Hospital Universitario Quirón Madrid. Madrid, 23-25 february 2012.
18. **“Curso teórico-práctico: Vías de Abordaje de la Extremidad Superior”** Universidad San Pablo Ceu. Madrid, 8-9 may 2012.



19. **“Neuropatías traumáticas”** Hospital Universitario Santa Cristina. 20 hours. 7-8th may 2012.
20. **“Patología traumática de la extremidad superior”** III Reunión Pfizer en Cirugía Ortopédica y Traumatología. 18-19th may 2012.
21. **“Curso Internacional de Cirugía del hombro”** Hospital Clínico Universitario de Valladolid (3,1 credits). Valladolid, 24-25th may 2012.
22. **“Artroscopia y prótesis de hombro”** Universidad San Pablo CEU. Madrid, 7-8th june 2012.
23. **II Curso básico de residentes de rodilla primaria. Zimmer.** Madrid 29, 30th november 2012.
24. **“Curso de cirugía en directo de artroscopia de hombro”** Hospital Universitario Quirón de Madrid. Madrid, 30th november -1st december 2012.
25. **IC Curso Avanzado de residentes de rodilla primaria. Zimmer.** Hospital Santa Cristina. Madrid 23-24th january 2013.
26. **44 Curso de enfermedades de los pies A. VILADOT.** Barcelona, 22-24th may 2013.
27. **“Curso Monográfico Teórico- Práctico de la extremidad superior”** Universidad Autónoma de Barcelona. 19-20th September 2013, Barcelona.
28. **“I Curso básico en artroscopia de muñeca”** Universidad Complutense de Madrid. 16-17 january 2014, Madrid.
29. **“1st Barcelona shoulder workshop Medcomtech”** Barcelona, 22 enero 2014.
30. **“6th Barcelona shoulder course”** Barcelona, 22-25 enero 2014.
31. **“Actualizaciones en cirugía del pie”** Duración 4 horas. Complejo Asistencial Universitario de Palencia. Palencia, 29 Septiembre 2014.
32. **“Cirugía de la extremidad superior: mano, muñeca y antebrazo”** Hospital Clínico Universitario de Valladolid. Valladolid, 17th october 2014.
33. **“Sesiones clínicas Traumatología y Ortopedia”** 18 hours. Complejo Universitario Asistencial de Palencia. Palencia, 15th December 2014.
34. **“Patología traumática del codo”** 7 hours. Hospital Clínico Universitario de Valladolid. Valladolid, 18th december 2014.

35. **“Curso práctico de Artroscopia de Hombro”** Linvatec. Frankfurt, 12-13th march 2015.
36. **“Neuropatías traumáticas” 4º Edición.** 2,6 credits. Hospital Universitario Santa Cristina. Madrid, march 2015.
37. **“III Jornada del Grupo de Estudio de Pie y Tobillo- CyL: El hallux rígido”**
38. **“Curso avanzado de artroscopia de hombro”** 9 hours. Valencia, 13-14th may 2015.
39. **“Curso de Controversias en patología glenohumeral”** 1,8 credits. Valladolid, 13th november 2015.
40. **“Curso teórico práctico de anatomía quirúrgica y abordajes en espécimen biológico 2015, con el tema: Rodilla”** Méjico DF. 19-20th november 2015.
41. **“Curso Iberoamericano de la extremidad superior”** Portland, febrero 2016.
42. **“Jornada de Cirugía de la extremidad superior: mano, muñeca, antebrazo y codo”** Hospital Clínico Universitario de Valladolid. Valladolid, 12 february 2016.
43. **“Conceptos actuales en cirugía artroscópica de rodilla”** Munich, 30 march 2016.
44. **“Conceptos actuales en cirugía artroscópica de hombro”** Munich, 31 march 2016.
45. **“Actualizaciones en cirugía del pie. 2º edición”** 4 hours. Gerencia de Asistencia Sanitaria de Palencia. 15th february 2017.
46. **“Parálisis cerebral infantil”** 10 hours. Gerencia de atención especializada de Valladolid. Valladolid, 31th march 2017.
47. **“IV Jornada del dolor crónico. Abordaje multidisciplinar”** Hospital Río Carrión. 5 hours. 8 june 2017.
48. **“X Jornada sobre Patología del miembro superior”** 10 hours. Valladolid, 9th june 2017.
49. **“Manejo inicial de paciente politraumatizado con lesiones esqueléticas”** 15 hours. 1,6 credits. Servicio de Cirugía Ortopédica y Traumatología del Hospital Universitario Río Hortega. 22-23th june 2017.

50. **“European society for surgery of the shoulder and the elbow”** 22 European CME credits (ECMEC). Berlin, 13-17/09/2017.
51. **“Valladolid shoulder course 2017”** 13 hours. Valladolid, 5-6 october 2017.
52. **“Sesiones clínicas Traumatología y Ortopedia”** 19 sessions 1 hour (0,2 credits per session). Complejo Asistencial Universitario de Palencia. Palencia, january- july 2017.
53. **“Últimos avances en cirugía artroscópica de hombro”** Munich, 8 horas.Marzo 2018.
54. **Annecy Course.** Chairman: Laurent Laffose. Marzo 2018.
55. **Berlin International Shoulder Course.** 5th-7th april 2018. 19 CME points.



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# CURRICULUM VITAE

**Mr. RANDEEP SINGH AUJLA**  
**MBChB FRCS (Tr & Orth) ChM DipSEM**

## Profile

As a post-exam trauma & orthopaedic registrar I feel confident at managing acute trauma and general musculoskeletal conditions. Within this I work closely in a multi-disciplinary team, which brings out the best in my inter-personal and communication skills.

Academia and audit gives me the opportunity to improve my knowledge and advance my specialty. My passion for sport will see me maintain an involvement in this in addition to NHS practice, allowing me to bring my skillset to benefit athlete care. I have supported this with medical qualifications.

My personal goal is to complete my training, in 2019, that will see me become a trauma & orthopaedic Consultant surgeon with a sub-specialty interest in sports surgery. I will support this is a specialty Fellowship in Australia. I aim to continue utilising my skills in the professional sporting arena.

## Education/Qualifications

FRCS (Trauma & Orthopaedic Surgery) <i>[Royal College of Surgeons England]</i>	2017
Football Medicine Diploma <i>[FIFA]</i>	2016-17
Sports & Exercise Medicine Diploma <i>[Royal College Surgeons of Edinburgh]</i>	2016
Trauma & Orthopaedics ChM <i>[University of Edinburgh]</i>	2015-17
MRCS <i>[Royal College of Surgeons England]</i>	2012
MBChB <i>[University of Leicester Medical School]</i>	2003-08
A Levels (Biology, Chemistry, Maths) AS Level (Physics)	2001-03

## Employment History

British Universities & Colleges Sport (BUCS)	2018
Loughborough Lightning Cricket Club Doctor	2017-Present
Coventry City Football Club Doctor	2016-Present
Notts County Ladies Football Club Doctor	2015-17
Higher Specialty Training (East Midlands South Deanery)	2013-Present
Core Surgical Training (East Midlands South Deanery)	2010-13
Foundation Training (East Midlands South Deanery)	2008-10

## Publications

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- (1) Aujla RS, Sapare S, Bhatia M.  
**Acute Achilles Tendon Rupture: Where are we now?**  
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- (5) Aujla RS, Shiekh N, Divall P, Bhowal B, Dias JJ  
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*Bone and Joint Journal* 2017, 99(1): 100-106  
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**A Review of Current Surgical Practice in the Operative Treatment of Proximal Humeral Fractures**  
*Bone and Joint Research* 2016, 5(5): 178-184  
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- (7) Aujla RS, Kumar A, Bhatia M.  
**Non-Surgical Treatment of Achilles rupture: Does duration in functional weight bearing orthosis matter?**  
*Foot and Ankle Surgery* 2016, 22(4): 254-258  
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- (8) Kumar A, Aujla R, Lee C.  
**The management of thoracolumbar burst fractures: a prospective study between conservative management, traditional open spinal surgery and minimally interventional spinal surgery**  
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- (9) Bryson DJ, Aujla RS, GJ Taylor  
**The hip fracture best practice tariff: early surgery and the implications for MRSA screening and antibiotic prophylaxis**  
*European Journal of Orthopaedic Surgery & Traumatology* 2015, 25(1): 123-127.  
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**Extra-Abdominal Desmoid Fibromatosis – A Sarcoma Unit Review of Practice, Long term recurrence rates and Survival.**  
*European Journal of Surgical Oncology* 2014, 40.9: 1125-1130.  
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- (11) Aujla RS, Bryson DJ, Gulihar A, Taylor GJ  
**Trends in orthopaedic antimicrobial prophylaxis in the UK between 2005 and 2011**  
*Ann R Coll Surg Engl* 2013, 95.7: 495-502.  
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- (12) Bryson DJ, Aujla RS, Mahadevan D, Williams SC  
**Specialist Orthopaedic Nurses: Frontline for fracture clinic referrals**  
*Ann R Coll Surg Engl (Suppl)* 2013, 95(9): 1-4.
- (13) Eastley N, Aujla RS, Khan Z  
**Radiographs late in the follow up of uncomplicated distal radius fractures: are they worth it? Clinical outcome and financial implications**  
*Orthop Rev (Pavia)*. 2012 Jun 13;4(2): e20.  
PMID: 22802988
- (14) Knight S, Aujla RS, Biswas S  
**Total Hip Replacement – Over 100 Years of Operative History**  
*Orthopaedic Review* 2011.Vol. 3 (2).DOI: 10.4081/or.2011.e16  
PMID: 22355482
- (15) Bryson DJ, Khan Z, Aujla RS, Bromage JD  
**A Near Miss: An uncommon injury following a common mechanism**  
*BMJ Case Reports* 2011  
PMID: 22687665
- (16) Aujla RS, Peysakhova E, Gulihar A, Taylor GJ.  
**Orthopaedic Antimicrobial Prophylaxis in the United Kingdom**  
*European Journal of Orthopaedic Surgery and Traumatology* 2011:DOI 10.1007/s00590-010-0660-2
- (17) Aujla RS, Gulihar A, Chandraraj A, Taylor GJ.  
**Can we Save a Follow-up Appointment by leaving Nylon Sutures Under Plaster for 6 Weeks**  
*Journal of Open Access Surgery* 2010:3 1-3
- (18) Aujla RS, Gulihar A, Taylor GJ.  
**Acromial stress fracture in a young wheelchair user with Charcot-Marie-Tooth disease: a case report**  
*Cases Journal* November 2008(1): 359  
PMID: 19040744

## Audits

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Title: **Re-Audit of Emergency Admissions to Trauma Unit at NGH**

Role: Inception, Data collection, Analysis, Presented locally at M&M

Date/Location: July 2016/Northampton General Hospital

Completed Loop: Completed

Title: **Outcomes of All-Polyethylene Tibial Components in TKR: A DGH Experience**

Role: Inception, Data collection, Analysis, Presented locally at M&M

Date/Location: July 2016/Northampton General Hospital

Completed Loop: No

Title: **A Review of MRI Knee Scans in Patients Over 65 years old**

Role: Inception, Data collection, Analysis, Presented locally at M&M

Date/Location: July 2015/Kettering General Hospital

Completed Loop: Planned 2016

Title: **Extended Long-Stay in Trauma & Orthopaedics: A Root Cause Analysis**

Role: Inception, Data collection, Analysis, Presented locally at M&M

Date/Location: July 2015/Kettering General Hospital

Completed Loop: No

Title: **ProfHer Audit (BONE Collaboration)**

Role: Data collection, Published

Date/Location: April 2015/Kettering General Hospital

Completed Loop: National Audit

Title: **Blood Sample Bottle Labeling in Pre-Assessment Clinic**

Role: Inception, Data collection, Analysis

Date/Location: July 2015/Leicester General Hospital

Completed Loop: Completed

Title: **Prophylactic antibiotics and the Best Practice Tariff for neck of femur fracture**

Role: Data collection, Analysis, Presented locally, Published

Date/Location: July 2012/Leicester Royal Infirmary

Completed Loop: Completed

Won Audit of the Year 2012/13 for Planned Care Division

Title: **Osteoporosis secondary prevention in neck of femur fractures (BOA Guidelines)**

Role: Inception, Data collection, Analysis, Presented locally at M&M

Date/Location: July 2011/Kettering General Hospital

Completed Loop: No

Title: **Use of Multi-Integrated Pathway for treatment of neck of femur fracture**

Role: Data collection, Analysis, Presented locally at M&M

Date/Location: July 2011/Kettering General Hospital

Completed Loop: No

Title: **Outcomes of extra-articular distal tibial fractures**

Role: Data collection, Analysis, Presented nationally at British Trauma Society 2011

Date/Location: November 2010/Kettering General Hospital

Completed Loop: No

## Published Abstracts

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- (1) Aujla RS, Esler C  
**Total Knee Arthroplasty for Osteoarthritis in Patients <55 Years Old: A Systematic Review**  
*Bone Joint J (July 2016), 98 (Supp 14): 2*
- (2) Aujla RS, Patel S, Aziz S, Jones A, Bhatia M  
**Predictors of Functional Outcomes in Non-Operatively Managed Achilles Tendon Ruptures**  
*Bone Joint J (July 2016), 98 (Supp 14): 16*
- (3) Aujla RS, Bryson DJ, Gulihar A, Taylor GJ  
**Trends in antimicrobial prophylaxis in trauma in the United Kingdom**  
*Injury Extra (October 2012); 43(10): 125-126*
- (4) Aujla RS, Bryson DJ, Gibbs DM, Khairandish H.  
**Outcome of operative management of extra-articular mid-shaft and distal tibial fractures in a district general hospital**  
*Injury Extra (September 2011), 42 (9), pg. 132-133*
- (5) Aujla RS, Peysakhova E, Gulihar A, Taylor GJ.  
**Orthopaedic Antimicrobial Prophylaxis in the United Kingdom**  
*Journal of Bone & Joint Surgery (Br) Proceedings, May 2011; 93-B: 145*

## Courses

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Teach the Trainer	Jan 2018
Football Association Advanced Resuscitation and Emergency Aid (AREA)	Apr 2016
Advanced Trauma Life Support (ATLS)	Jul 2015
BOTA Linkman Leadership Course	Jan 2015
Leicester Hand Fracture Management	Nov 2013
Orthofix Fundamentals of External Fixation	Jun 2013
Clinical Skills in Spinal Assessment and Management	Nov 2012
AO Principles of Fracture Management	Jul 2012
Leicester Foot and Ankle Trauma Course	Jun 2012
Teach The Teacher	Jan 2012
Casting Techniques for Specialist Registrars	Mar 2011
Care of the Critically Ill Medical Patient	Jun 2010
Advanced Life Support	Mar 2010
Care of the Critically Ill Surgical Patient	Nov 2009
Advanced Trauma Life Support	Oct 2009
Principles of Fracture Management	Nov 2008
Basic Surgical Skills	Sep 2008



## Podium Presentations

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### National/International

#### **Indian Orthopaedic Society UK Annual Conference 2016**

- Total knee arthroplasty for osteoarthritis in patients <55 years of age: A systematic review

#### **British Orthopaedic Association Annual Conference 2015**

- Does the Functional Outcome of Non-Operatively managed Achilles Tendon Ruptures improve over time?
- Non-operative Functional Mobilisation for 8 weeks following acute Achilles Tendon Rupture: 291 Consecutive Cases with over 2 years follow up

#### **14<sup>th</sup> EFORT Congress 2013**

- Elective orthopaedic antimicrobial prophylaxis in the United Kingdom and surgical site infection in Total Hip Arthroplasty
- Specialist Orthopaedic Nurses: Frontline for fracture clinic referrals

#### **British Trauma Society Annual Meeting 2011**

- Outcome of Operative Management of Extra-Articular Mid-Shaft and Distal Tibial Fractures in a District General Hospital

#### **11<sup>th</sup> EFORT Congress, Madrid 2010**

- Orthopaedic Antibiotic Prophylaxis in the UK

### Local/Regional

#### **University Hospitals of Leicester Trauma & Orthopaedic Morbidity & Mortality**

- Patient Safety Lead 2014
- Presented at Monthly M&M from August 2013

#### **Leicester Orthopaedic Research Meeting July 2013**

- Venous-Thromboembolism after Achilles Tendon Ruptures: A comparison of different non-surgical regimes

#### **University Hospitals of Leicester 2012 Audit Meeting**

- Hip Fracture Best Practice Tariff: Early surgery, MRSA and Antibiotics
- PRIZE: Audit of the year for Planned Care University Hospital of Leicester

#### **Trauma Journal Club November 2012**

- Immediate primary skin closure in type-III A and B open fractures

#### **Kettering General Hospital Audit Committee Meeting October 2011**

- Neck of Femur Fracture Integrated Care Pathway

#### **Kettering General Hospital Trauma & Orthopaedic Meeting June 2011**

- Osteoporosis Secondary Prevention in Neck of Femur Fracture Patients

#### **East Midlands Audit Meeting September 2010**

- Orthopaedic Antibiotic Prophylaxis in the UK

## Poster Presentations

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### **British Sarcoma Group 2018**

- Desmoid Fibromatosis Secondary to Anterior Cruciate Ligament Reconstruction with an Endobutton

### **British Association of Surgery of the Knee Conference 2017**

- Total knee arthroplasty for osteoarthritis in patients <55 years of age: A systematic review

### **15<sup>th</sup> EFORT Congress 2014**

- Symptomatic Venous-Thromboembolism after Achilles Tendon Rupture

### **14<sup>th</sup> EFORT Congress 2013**

- Quality of written consent will improve with pre-filled consent forms: Results of an audit on quality of written consent for operations for fractures of the neck of femur
- Antimicrobial prophylaxis regimes for orthopaedic trauma surgery and clostridium difficile Infections – Part 2

### **The British Sarcoma Group National Conference 2013**

- Deep fibromatosis - a review of current practice, long-term recurrence rates and survival

### **British Trauma Society 2012**

- A Survey of Changing Trends in Trauma Orthopaedic Antimicrobial Prophylaxis in the United Kingdom

### **2<sup>nd</sup> Oxford Bone Infection Conference 2012**

- The Effect of Antimicrobial Prophylaxis Regime on Surveillance Surgical Site Infections in Total Hip Arthroplasty
- A Survey of Changing Trends in Elective Orthopaedic Antimicrobial Prophylaxis in the United Kingdom

## Teaching Experience

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### Teaching Courses Established

- Founder of "Safe Plastering for Doctors" course at Kettering General Hospital (May 2013, October 2013, March 2014, October 2014, March 2015, January 2016)
- Established the Surgical & Critical Care teaching programme at Kettering General Hospital (2011)

### Formal Teaching Given

- SCRUBS Society MSK Revision Lecture (2018)
- ASiT Careers Workshop (2017)
- Leicester University Sports and Exercise Medicine Society Lecture (2017)
- Student Physician Society MSK Revision Lecture (2013-2015)
- Medical Student MSK Introductory week teaching (2013-2015)
- Leicester Final Professional Examination Programme (2014)
- T & O session for Foundation Year 1 teaching programme (June 2013)
- Leicester Medical School's SCRUBS societies
  - Acutely Unwell Surgical Patient day teaching (September 2013)
  - Trauma & Orthopaedic Careers Lecture (October 2013)

### Teaching Courses

- Train the Trainer course (January 2018)
- Teach the Teacher course (January 2012)

## Management & Leadership

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British Orthopaedic Trainees Association Linkman Leadership Course

January 2015

## Positions

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Leicester Orthopaedic Trainees Association (LOTA) President	2017-Present
Trainee Representative UHL Research Committee	2017-Present
Loughborough Lightning Cricket Club Doctor	2017-Present
Coventry City Football Club Doctor	2016-Present
East Midlands Foundation School Careers Champion	2015-Present
British Orthopaedic Trainees Association (BOTA) Linkman	2014-2016
Notts County Ladies Football Club Doctor	2015-2017
Leicester Orthopaedic Trainees Associations (LOTA) Secretary	2013/14
Patient Safety Lead (MSK LNR)	2013/14
GNG Football Club Doctor (amateur)	2009-2015

## Personal Interests

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- I enjoy providing medical cover for sporting events in my spare time and have covered multiple football tournaments of all levels, match day cover for professional footballs, Thai boxing events and motorsport.
- I am a keen sportsman and enjoy football, golf and cricket.
- Playing football for GNG FC for the 8 seasons, for whom I am now providing club medical advice on a volunteer basis.
- I was most proud to complete the Paris Marathon in April 2009, raising over a thousand pounds for the charity Get Kids Going.
- Voluntary work, including the "Right to Read" campaign and working with the BBC Radio Leicester to raise money for a new wing at Rainbows Children's Hospice.

## Referees

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- 1) Kevin Boyd
  - a. Orthopaedic Consultant, University Hospitals of Leicester
  - b. Educational Supervisor
  - c. kevin.boyd@uhl-tr.nhs.uk
- 2) Colin Esler
  - a. Orthopaedic Consultant, University Hospitals of Leicester
  - b. Past clinical supervisor
  - c. colin.esler@uhl-tr.nhs.uk
- 3) Clare Wildin
  - a. Orthopaedic Consultant, University Hospitals of Leicester
  - b. Training Programme Director
  - c. clare.wildin@uhl-tr.nhs.uk
- 4) Pauline Robertson
  - a. Head of Medical & Fitness Coventry City Football Club
  - b. Pauline.robertson@ccfc.com