

# ***ESSKA-SLARD***

## ***Fellowship Tour 2010***



# *Welcome to Europe and ESSKA 2010!*

## *Lars ENGBRETSSEN,*

### *President of the ESSKA*

ESSKA is an organization devoted to education since 1984, first primarily in the knee, gradually expanding into all fields of arthroscopy and sports traumatology. ESSKA represents the best of Europe in the field of Sports traumatology and Medicine. The fellowship tour will bring you to the premier places in Europe. Take the opportunity to see how the European medical scene is organized, but do not forget to take in the cultural part of your trip. The old world of Europe has much to offer in medicine, food, people and culture.

Your trip will end in Norway and Oslo where the Oslo congress will highlight the modern ESSKA which includes sports and recreation related injuries and degenerative problems in all joints, a major influx of soft tissue sport injuries as well as the influence of sports injury prevention. The program for the four days put together by Jon Karlsson and Jacques Menetrey will emphasize the importance of ESSKA in our field in Europe and the rest of the world. Look for many new areas and stronger influx from the young ESSKA generation. The congress will also have a strong Physical Therapy program and continue the ESSKA Nurse program. From a scientific and educational viewpoint, there are many reasons to visit Oslo June 9-12, 2010!

Oslo is a perfect city for a sports medicine related congress. With its location between the mountains and the sea and a population which puts major emphasis on exercise and outdoor life, Oslo is ready to greet our visitors in a most friendly way. The city of Oslo is more than 1000 years old and with its access to the sea, has always been a city of travelers and visitors. While the Vikings conquered Europe with ships and swords, the modern Norwegians has conquered the world with its oil and shipping business. Be sure to take a stroll around town to see the emerging landmark of Oslo, the new Holmenkollen ski jump and enjoy the view of the city from above. Do not miss the ski museum while you are up there! Take the harbor boat over to Bygdøy and see the ancient heroes of Norway- the Viking ships that crossed the Atlantic more than a thousand year ago and the polar ships that took Norwegian explorers to the North and the South Pole. Breathe in the contemporary Oslo while strolling on Karl Johan, the main street named after Karl Johan, the Swedish King in the 1800s. Renew friendships in the cafes on the oceanfront while watching the busy life on the harbour! For those who want to get a feel for the recreational life, we recommend a bike trip to Nordmarka, the beautiful recreational area surrounding Oslo. Take time out from your busy schedule and go for an hour's bike trip in the silence of the forest and the hills and meet the inhabitants of Oslo on their turf. We want you to feel like a Norwegian while in Oslo! Use your feet, go for a run, have a snack on the ocean front, try the many variants of Norwegian fish and the Norwegian beer!

The ESSKA congress is not only a place for science and education, but also a good opportunity to meet ESSKA members, renew friendships and create new ones. We know that you will find ESSKA stimulating and perhaps a future tool for you in your personal development in orthopaedics and sports medicine. Take the opportunity to find what ESSKA can offer you. Not only the congress, but a modern, interactive web site, an excellent journal, courses around Europe and good colleagues. If you are not already a member, join ESSKA and be part of the modern development of orthopaedic surgery and sports medicine!

We promise to make your visit to Oslo worth while and look forward to be your hosts in June 9-12<sup>th</sup> 2010.

Looking forward to see you!

*Lars ENGBRETSSEN*

# Prof. Daniel SLULLITEL, Argentina



50 years, Married, 2 daughters (23, 17 years)  
Languages: French, English, Spanish  
Sports “: Yachting Snipe Class Argentine Junior  
Champion 1973-74  
6<sup>th</sup> in 1974 Word Championship  
Team Medical Chairman Rosario Rugby Union 1976  
2010  
Hobbies Music Snow Ski / Literature Science Fiction

Short Academic CV  
Medical Doctor (1982)  
Graduated with Academic Award Prize  
(9.08 points average on all exams on a 1 - 10 scale)  
Orthopaedic Training in Buenos Aires Argentina  
Hospital Juan A Fernandez Chief Prof Salomon  
Schachter  
Etudes approfondies d'arthroscopie Université Paris V  
Hopital Bichat  
Bourse Société Française d'Orthopédie 1988  
Clinique des Maussins Dr Chassaing Lemaire Cartier

Vice-president Argentine Association of Arthroscopy  
Member of the Board of SLARD  
Editor of the Journal of Slard and Argentine  
Association of Arthroscopy  
2004 2010  
Member of the Editorial Board of the Southamerican  
Journal of Shoulder and Elbow surgery  
Ex member of ISAKOS Shoulder Comitee  
Consultant and Chief of Staff Rosario Rugby Union  
Director Instruction Center of Argentine Arthroscopy  
Association Rosario

Ex Chief of Service Orthopaedic Department Hospital  
Julio Corzo, Rosario Argentina  
Director Arthroscopic Service Instituto Jaime Slullitel de  
Ortopedia y Trauma Rosario Argentina  
Professor Orthopaedic Chair Universidad Abierta  
Interamericana de Rosario

Instructor Cadaver Labs Argentine Arthroscopy  
Association  
Shoulder Knee Elbow from 2001 2010

Instructor Cadaver Lab Arthrex 2006 2007 2008  
Scottsdale Los Angeles Naples  
Master Surgeon on Guayaquil 2009 (Ecuador)

Appointed Instructor Artromiami 2010  
Publications  
Full Thickness Quadriceps Tendon Graft for Acl  
Arthroscopy Vol 17 September 2001  
Septic Arthritis 1995 pag 255 259 Rev Arg  
Arthroscopia

Sepsis in Shoulder Arthroscopy  
Subscapular Lesions  
Shoulder at risk ; Preexistent Laxity in contact sports  
athletes Vol 11 N1 32 37 Rev Arg de Arthroscopia  
Acl “all inside” 2008 Vol 15 Rev Arg  
Pcl ALL Inside  
Wrist Arthroscopy Vol 15 N2 Pag 184 Revista Arg de  
Arthroscopia  
Our experience in Rotator Cuff Repair 1989 1999  
Revista Argentina de Ortopedia y Traumatologia  
Arthroscopic transglenoid repair on contact sport athletes  
Vol 3 N 7 441 444 1996 Rev Arg de Arthroscopia  
Non Septic Hiperthermia post acl reconstruction Vol 11  
N2 95 200 Revista Arg de Arthroscopia  
A Technique to improve anchors capacity to hold sutures  
RevArgArt 2005  
Knee Dislocation 2003 Rev Arg Arthroscop  
Arthroscopic treatment of TENNIS ELBOW Rev Arg  
2002  
Adhesive Capsulitis 2000 Vol 7 Rev Arg Artros

## Presentations

- Causes of Failures on Rotator Cuff Surgery
- Massive fixed and retracted rotator cuff repair.Arthroscopic treatment and Mri Evaluation of results
- Biceps Tendinopathy and Instability .Clinical evaluation and Treatment
- Revision of failed Instability Shoulder Surgery.When open and when Arthroscopic ACL and PCL “ all Inside” Use of retrograde drilling
- Clinical Classification of Slap Lesions.Is that the way of understanding them ?
- Subscapular Lesions Arthroscopic Treatment

# Dr. Luis Fernando Rodríguez Colombia



## Personal

Age: 42 y MS: Married Sports: Soccer, Golf, Squash Cultural: technology, music, arts

## Education

**Fellowship:** Arthroscopy and Knee Surgery. 1998-1999. Bosque University. Bogotá - Colombia

**Specialty:** Orthopaedic Surgery. 1994-1998. Bosque University. Bogotá - Colombia

**University:** Medicine. 1985 – 1990. Bosque University. Bogotá – Colombia

## Experience

- Knee Surgery – Arthroscopy – Sports Medicine 11 y 1999 - 2010

## Publications/Presentations

- Anterior cruciate ligament reconstruction in skeletally immature. Experimental Model in Dogs. Colombian Society Orthopedic Journal Dic - 1998
- ACL Reconstruction with BPTB or STG Autografts Fixed with Femoral Cross Pins: A Comparative Study. E –Poster ISAKOS 2007 May -
- Posterolateral Knee Corner Injury. Diagnosis and Treatment. Book Chapter. Frequent Injuries of the Knee. Oct - 2009
- 43 Podium presentations at congresses in Latin America 1998 - 2009

## Research Experience

- Surgical Experiments in Animal Models. ACL, Immature Skeleton 1998
- Anatomical and Surgical descriptions in Cadaveric Human Specimen 2006 - 2010
- Clinical Trials in Ligaments Insufficiency, Menisci and Angular Deformities of the Knee 1999 - 2010

## Teaching Experience

- Programs Professor of Orthopedic Surgery. Bosque and Unisanitas University 1999 - 2010
- Coordinator of Fellowship in Arthroscopy and Sports Trauma. Unisanitas U. 2009 - 2010
- Knee Arthroscopy Instructor Courses in Human Anatomical 2005 -

Specimen. CLEMI 2010

- Advanced Knee Arthroscopy Coordinator Courses in Human Anatomical Specimen. CLEMI 2009 - 2010

## Professional Development

- Private Practice. Knee, Arthroscopic Surgery, Sports Trauma. Cecimin Medical Center. Bogotá - Colombia 1999 - 2010
- Knee Arthroscopy Professor. Bosque and Unisanitas University 1999 - 2010
- Knee Arthroscopy Instructor. CLEMI 2005 - 2010

## Affiliations/Memberships

- Member. SCCOT (Colombian Society of Orthopedics and Trauma) 1998 -2010
- President Elected. Arthroscopic Chapter. SCCOT 2011 - 2012
- Member. SLARD (Latin America Society of Sports Trauma and Knee Arthroscopy) 2008 - 2010
- Member. ISAKOS 2007 - 2010

## Presentations

- Orthopedic Arthroscopy Surgery Training in Colombia. Latin American Center for Training in Minimal Invasive Surgery (CLEMI).
- Anterior Cruciate Ligament Insufficiency in Immature Skeleton. What are we doing?
- Arthroscopic Reconstructive Surgery for Posterolateral Instability of the Knee.
- Posterolateral Instability of the Knee. Reconstruction Using a Minimal Incisions Technique: Anatomical description and measurement of the proximity to neurovascular structures.
- Management of Varus Deformity in the Anterior Cruciate Ligament Insufficiency.

# *Dr. Esteban Holguin, Ecuador*



I am Esteban Holguin. I am 33 years old. Born and raised in Quito - Ecuador, a city in the middle of the Andes, surrounded by beautiful mountains and volcanoes. I am married with Leslie Saona from 5 years ago, enterprising woman, loving, understanding who is a mainstay in my daily actions. We have 3 children together. Matias is 4 years old, Micaela is 2 years old and Luciana is 1 month old. We are a very close family with deep christian values, where the example, respect and morality characterize our actions.

We live in Quito since January 2009. Previously we were in Colombia for almost 6 years during my training period as an orthopedic surgeon at Universidad El Bosque. Being long time away from home was a wonderful experience that makes us closer as a family. I learned a lot. The most important thing was to demonstrate and develop my capabilities as a resident and then as a fellow in a place that was unknown for me.

I like sports, soccer mainly. I share this hobby with my kids. I love to cook, my specialty is ceviche, that is an Ecuadorian dish that comes with big shrimps and tomato sauce.

Professionally I think that science in general, and orthopedics in particular, have developed in recent years. This has caused that medical practice is increasingly demanding and requires more knowledge.

The opportunity to exchange knowledge in a globalize world has allowed closing important scientific gaps between our countries. SLARD, ESSKA, ISAKOS as the most important representatives of the scientific orthopedic societies have been responsible for promoting the development of our specialty.

I firmly believe that having access to continuing medical education as a Traveling Fellow, enables to grow professionally and as a person and allowed me to be able to share and instruct all the knowledge I have to new generations of orthopedic surgeons in Ecuador.

## *Presentations*

- Application of autologous growth factors for the treatment of acute achilles tendon injury.
- Anterior cruciate ligament reconstruction with the peroneus brevis tendon
- Chirurgical Taurina
- Shock wave therapy for the treatment of tendinitis calcarea of the shoulder.
- Autologous growth factors for treating knee osteoarthritis. Clinical outcomes at 3 years

# Dr. Ivan ENCALADA, MEXICO



40 years old, I was borne in Yucatan but actually live in Mexico City since 1994;

I lived 1 year in Boston during my sports fellowship in 2003-2004 and we had the opportunity of made good friends and we try to visit them every other year.

Happily married with Gaby, and father of two kids Gabriel of 7 years old and Sofía of 5 years old.

In sports I practice American Football for 10 years, now I like Soccer, baseball and in general every other activity that involves sports. Because of time, now I use to run 3-4 times a week with my wife, during the weekends we participate with Gabriel in his baseball activities (training and coaching games).

I believe I had a good appetite and always enjoy a good red wine recommendation.

Professionally I spend 4 years of Orthopedic training in the National Institute for Orthopedics I made my sports medicine fellowship in Boston with John Richmond in 2003 and start my Institutional practice in the department of Arthroscopy and Sports Medicine until 2007 then I was invited to participate in the Shoulder and Elbow service until now. My academic practice begin in 2001 as an associate clinical professor of orthopedics of the UNAM which continue now, in 2002 develop the Fellowship in Arthroscopy and now I am associate professor of the fellowship in Shoulder an Elbow surgery. At the University (UNAM) I coordinate 6 cadaver labs a year since 2006 where we develop and teach different arthroscopic techniques in shoulder and knee reconstruction.

My private practice is at the hospital Medica Sur where 80% of my clinic is sports and Joint reconstruction, including baseball, soccer and American football related injuries. We have a group of orthopedic surgeons dedicated to different areas (spine, Joint Replacement, Foot and ankle)

Since 2004 I participate as a reviewer of the Journal of Arthroscopy, The American Journal of Sports Medicine and the Acta Ortopedica (the national journal of orthopedics in Mexico)

## *Presentations*

- ROTATOR CUFF REPAIR AUGMENTATION USING A NOVEL POLYCARBONATE Polyurethane Patch: Preliminary Results at Twelve Months Follow-up
- AUTOLOGOUS ACL RECONSTRUCTION IN PATIENTS OVER 40 YEARS OLD
- Use of Platelet Rich Plasma in the Posterosuperior Open Rotator Cuff Repairs
- Arthroscopic Transarticular Distal Clavicle Resection
- Osteonecrosis After Arthroscopic Meniscectomy Using Radiofrequency

